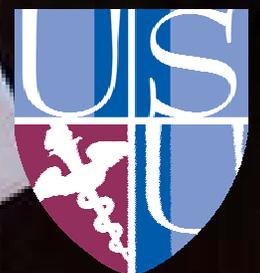


USU Newsletter

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Ribbon Cutting for Opening of New Research Center...Page 3

Maryland Senator Visits University

By Christine Creenan
Staff Writer



Photo by HM2 Michael Oliver

Senator Benjamin Cardin spoke with constituents 2nd Lt. Daniel Adams and Maureen Hood about the School of Medicine and Graduate School of Nursing

A showpiece of military medicine was on display when Maryland Senator Benjamin Cardin visited the Uniformed Services University of the Health Sciences, Dec. 4th.

The day's events included a narrative account of the university's history led by Senior Vice President Dale Smith, Ph.D.

From the founding legislation to the inclusion of the Graduate School of Nursing, the Senator gained a perspective on the events that grew the university into a world class academic health center.

The challenges of standing up education and training programs for aspiring uniformed physicians were many, not the least of which was grounding the curriculum in the highest levels of scholarship.

"The university had to meet the standards of all medical schools otherwise you are not giving the American people what they are promised and that is to provide the best possible care to our Soldiers, Sail-

ors, Marines and Airmen," Smith explained.

This same vision continues to guide the university into the future. Acting Director of the Center for Neuroscience and Regenerative Medicine Regina Armstrong, Ph.D., offered a glimpse into an exciting new initiative leveraging the university's educational and re-

search effort. According to Armstrong, the university received \$70 million to establish programs aimed at understanding and better treating blast injuries to the brain and Post Traumatic Stress.

The visit culminated in a tour of the Bethesda campus, where the Senator met with residents and received a behind-the-scenes look at the life and experiences of the people learning to care for those in harm's way.

GSN Associate Professor Contributes at Home, Abroad

By TSgt Andre Nicholson
NCOIC, Office of External Affairs

Her accomplishments run far and wide but shrivel in comparison to her hard work and dedication that earned her those accolades.

Gloria Ramsey, JD, RN, FAAN, associate professor, Uniformed Services University of the Health Sciences' Graduate School of Nursing, was most recently inducted into the American Academy of Nursing. The academy serves the public by advancing health policy and practice through the generation, synthesis, and dissemination of nursing knowledge. It consists of 1,500 members - known as Fellows.

"What an honor to be among nursing's most accomplished leaders in education, practice and research," Ramsey said.

This past summer Ramsey was also appointed to the Maryland State Advisory Council on Quality Care at the End of Life by Governor Martin O'Malley.

Her work in nursing, education and research extend beyond the

walls of USU, the state of Maryland and the even the borders of the United States. Due to her active involvement in bioethics, Ramsey was invited to present at the 9th World Congress of Bioethics held in Croatia this summer. The world meeting was organized by the University of Rijeka School of Medicine and the Croatian Society for Clinical Bioethics on behalf of the International Association of Bioethics. The meeting was attended by more than 800 people representing 72 countries, to discuss the challenges across bioethics in the 21st Century. Bioethics looks at things such as who has access to care and where that care is delivered among several other factors.

Ramsey was asked to present two papers she authored during the meeting, "Biomedical Research: A Strategy for Improving Health and Reducing Health Disparities" and "Community-Based Participa-



Courtesy Photo

Gloria Ramsey (center) presents attendees of the 9th World Congress Meeting with a coin shadow box on behalf of the university.

tory Research: Strengthening Trust as a Means to Reducing Health Disparities".

"The World Congress is mostly attended by academics, researchers and scholars, but also others who are grappling with a population of people addressing particular health concerns from a government perspective," she said.

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Cover photo:
HM2 Michael Oliver

University Activates Nursing Research Center

By Christine Greenan
VPE Staff Writer

It was history in the making as the Uniformed Services University of the Health Sciences (USU) honored an iconic figure of nursing by naming the newest research center after the Graduate School of Nursing's trailblazing dean.

Faye Glenn Abdellah left a mighty imprint on the first ever military graduate school of nursing and her legacy continues to inspire legions of uniformed nurses today. Truly a pioneer, her visionary leadership led to remarkable accomplishments at the university and beyond. Abdellah's service to the nation is carried forward through faculty and student pursuits in the graduate programs she helped found.

Through the activation of the Dr. Faye Glenn Abdellah Center, nurse scientists have gained a primary infrastructure for faculty research on the Bethesda campus, according to CAPT Patricia Kelley, acting associate dean for research. As educators continue their investigations they can recall the innovator who dared to challenge convention, a public servant dedicated to improving the human condition and the officer committed to ensuring quality health care for service members and the nation.

To celebrate her contributions and launch the new center appropriately, USU President Charles Rice, M.D., hosted a dedication ceremony attended by faculty, students, staff and friends of USU.

Among the speakers, RADM Carol Romano, chief nurse, U.S. Public Health Service, shared stories with audiences reflecting Abdellah's dedication to science and the events that first inspired her to learn nursing.

The German airship known as the Hindenburg was preparing to land in Abdellah's hometown, when suddenly the craft exploded into a burst of flames. The tragedy killed 35 passengers and left an indelible impression on young Abdellah.

"I could see people jumping from the zepplin and I didn't know how to take



Photo by HM2 Michael Oliver

care of them, so it was then that I vowed I would learn nursing," she said.

According to Romano, the impact would linger throughout her career even as she

President Charles Rice; GSN Dean Ada Sue Hinshaw; RADM Carol Romano, chief nurse, U.S. Public Health Service; RADM Steven Galson, acting surgeon general, U.S. Public Health Service; CAPT Patricia Kelley, acting associate dean for Research; and COL Bruce Schoneboom, associate dean for Academics, shared the honor of cutting the ribbon, thereby activating the Dr. Faye Glenn Abdellah Center.

"I could see people jumping from the zepplin and I didn't know how to take care of them, so it was then that I vowed I would learn nursing."

-Former Dean Faye Glenn Abdellah

rank of Rear Admiral and the title of Deputy Surgeon General of the United States and helped charter a federal school of nursing.

Her accomplishments stretch far and wide. As do those of the new dean of the GSN, Dr. Ada Sue Hinshaw.

Along with the naming of the new center, the university welcomed a new dean. Before coming to USU, Dr. Hinshaw was

a professor and former dean of the University of Michigan's School of Nursing.

She received her Ph.D. and Master of Arts in Sociology from the University of Arizona, a Master of Nursing Sciences from Yale University, and a Bachelor of Science from the University of Kansas. She is a member of the Institute of Medicine, a leader in nursing education and research, and a widely published scholar.

"We are extraordinarily pleased to have recruited a nursing professional and scholar of Dr. Hinshaw's standing," said President Rice. "She has been a leader in nursing education and research throughout her entire career, and she brings her many extraordinary talents, her deep experience in academia and public service, and an unmatched national reputation to USU and the Graduate School of Nursing. Under her guidance, I fully expect the GSN to become the exemplar of graduate nursing education."



USU
A Traditional Academic University with a Unique Focus



From Cheerleader to Accountant, USU Staffer Shares History

By Christine Greenan
VPE Staff Writer

Behind the cubicles and in the offices, on the loading docks and in the classrooms—the people of the Uniformed Services University of the Health Sciences (USU) each have their own unique stories to share. This is the tale of Ms. Charlyn Richardson, university accountant.

On any given day, the self-proclaimed “Washingtonian” can be found balancing university spreadsheets and tying up financial loose ends. For Richardson, accounting merges the strengths of her personality while still capturing her fancy.

“I like to do things very thoroughly. I look at the big picture and see how everything is interrelated,” she explains. “My job at USU is very interesting.”

Although Richardson’s knack for numbers was realized early on, she tried on many hats before settling into her chosen field. A one-time substitute teacher, cemeterian and wedding planner all, she has dabbled in many trades. Perhaps the most unique though, is the time Richardson spent as a Washington Redskin cheerleader.

In a voice laden with excitement, she recalls the signature uniforms, arduous practice regiments and camaraderie that existed among the Redskinettes back in those early days.

“I was really close with the girls,” she remembers. “We were like family.”

Their bond was empowered by the dedication they all shared for the team of burgundy and gold and continues to find strength today as many of the cheerleaders, Richardson included, belong to an alumnae association that sponsors local charities and community events in the area.

And while the spirited financier has since traded in her pompoms and skirt for the trappings of a business professional, she remains a football fan and continues to support the Redskins in the stands at FedEx Field. A season ticket holder, the nostalgia of being front and center rushes back every Sunday.

And then on Monday it is back to balancing university books.



Courtesy Photo

Charlyn Richardson reminisces about her time as a Redskin Cheerleader, calling it an exciting experience.



Celebrating National American Indian Heritage

Dr. Phillip Smith, director, Division of Planning, Evaluation and Research, Office of Public Health Support in the Indian Health Service engaged faculty, staff and students during a special presentation commemorating American Indian Heritage. The USU graduate recounted the joyful experience of growing up Navajo while also describing some of the challenges facing Native Americans today. President Charles Rice, M.D., thanked Smith with a university memento.



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Department of Review and Evaluation: Valuable Resource or Hated Enemy?

By Dennis Stutz
Director of Review and Evaluation

The Department of Review and Evaluation (DRE) has a simple mission: to provide oversight for Uniformed Services University of the Health Sciences (USU) management and operations to the extent that we advocate for the faculty, staff and students of USU; we advise the USU community on how to stay mission oriented and regulatory safe; and, we are keepers of the USU mission by virtue of accomplishing the above.

DRE was established in 1990, per the recommendation made by the Office of the Inspector General (OIG) Inspection Report INS 90-06, "Uniformed Services University of the Health Sciences," April 11, 1990. Specifically, the OIG Recommendation A.2 instructed the University to "Develop over-

sight procedures and reporting mechanisms that will preclude opportunities for conflict of interest, and fraud, waste and abuse of the DoD systems and resources."

DRE Functions

DRE manages the Internal Management Control Program to include (as dictated by OMB Circular 123 "Management's Responsibility for Internal Control", and the DoD Instruction 5010.40 "Managers' Internal Control (MIC) Program Procedures.");

- Review of USU Instructions, President's Policy Memorandums (PPM), and Dean's Policy Memorandums (DPM);
- Serve as liaison to IG, GAO, or other outside agencies conducting inquiries on USU;
- Respond to DoD Hotline cases involving USU;
- Review internal allegations or areas of concern; and,
- Conduct inspections and audits of university functions to identify high risk areas of

waste, fraud and abuse.

Working Relationships

The goal of DRE is not to attack areas of responsibility, but to provide the leaders, and their staffs, with additional tools and resources to do their job effectively. Department heads will always be kept "in the loop" about DRE activities before, during, and after any review.

As the director, I realize that performance of the functions of this office can cause animosity and concern. Our job is to provide assistance to departments in meeting their objectives in support of the University's mission. In addition, DRE endeavors to create an atmosphere of cooperation and understanding in order to achieve the goal of resolving conflicts and improving operations. If you have any questions or concerns, please drop by the office in A1040X or call 295-3681. Your confidentiality is assured and we are ready to listen.



Supporting Federal Medicine at AMSUS

Brig. Gen. Byron Hepburn, School of Medicine graduate, class of 1987, and Dr. Ronald Blanck, chair of the USU Board of Regents, converse at the annual alumni reception held in conjunction with the Association of Military Surgeons of the U.S. meeting. This year's reception was an opportunity for alumni, faculty, former USU brigade members, and several key figures in military medicine to gather and discuss the university.



USU
A Traditional Academic University with a Unique Focus



Senior Leaders Discuss Warrior Care During USU Visit

By Christine Greenan
VPE Staff Writer

A young soldier protects the freedom of a country he loves on the frontlines of an embattled nation thousands of miles from home. All around him the war rages but he stands brave. He couldn't possibly know a bomb lay just beneath the soft ground. Suddenly and without warning, an explosion shakes the terrain and leaves a warrior badly injured.

Over time the soldier's physical wounds heal and the fading scars become vestiges of a battle he was lucky to survive. Still, recovery is far off. The effects of combat transcend bodily injury and often times leave indelible impressions on mental well being. Now, more than ever, uniformed health care providers are paying special heed to injuries like post traumatic stress disorder and other psychological injuries.

In an effort to honor these sacrifices of body and mind and increase awareness of America's programs and resources, the Secretary of Defense has designated November as Warrior Care Month.

Among the agencies that hosted special presentations and guest speakers, the Uniformed Services University of the Health Sciences (USU) welcomed senior leaders of the Military Health System. VADM Karen Flaherty, CAPT Key Watkins and CAPT Lewin Wright represented the voices of experience to an audience filled with aspiring uniformed physicians and advanced prac-

tice nurses.

Career servants all, the group described the ways in which the Department of Defense provides a lifetime of care by assisting service members

through recovery, rehabilitation and reintegration. The discussions spanned the spectrum of health care, with a particular focus on services offered for those suffering PTSD and traumatic brain injuries.

Standing before the future of military medicine, a trailblazer offered students valuable advice. "Be an engaged leader," Flaherty enthused. "Know your troops...Know what they need."

"Know your troops. Know what they need."

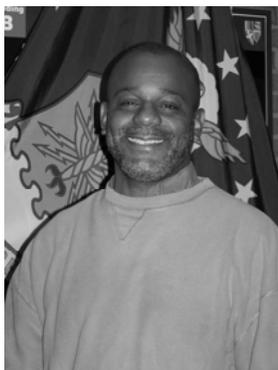
-VADM Karen Flaherty



Photo by Christine Greenan

VADM Karen Flaherty shares her experiences in the Military Health System with students at the university, and encourages them to always be covenant lead-

Look Who's Talking... What the people of USU had to say about their holidays plans



"I'm going home to Hampton, Virginia, where my family lives. I'm spending Christmas with my wife and two daughters. Since they're soon to be 17 and 19, I no longer have to put toys together."

-Willie Allen
Audio Visual Production Specialist



"I'm hanging out locally with my two kids and wife. Later on we will probably go to the movies."

-Lt Col William Boyce
Brigade Judge Advocate



"I'm spending half of my time in Maryland with my family and the other half in Connecticut with my husband's family."

-Carmen Quiles
Laboratory Technician



"At first I'm spending Christmas at home with the kids. Then we're going to Disney World and spending time with my other daughter and family in Florida."

-Sharon Willis
Deputy Vice President of External Affairs

USU Briefs

Helpdesk Closure: The UIS helpdesk will be closed for training on Thursdays from 10 to 11 a.m. During this time, you can leave a voicemail message at 295-9800 or utilize the HEAT Self Service (<http://www.usuhs.mil/uis/forms/trouble.html>), or send an email to help@usuhs.mil. If an emergency should arise, please call 295-9870.

PFT/PFA/APFT Spring 2009: The spring 2009 Physical Fitness Test for all services is projected for April 7-9 and 14-16. Plan accordingly. If there are any questions, please contact your service specific fitness coordinators: Air Force contact, (T)Sgt Ernle at 295-3281; Navy contact, FC2 Race at 295-9637; and Army contact, SSG Rogers at 295-3720.

2008 Combined Federal Campaign (CFC): The USU CFC season is open until Dec. 15 and there are plenty of wonderful charities that can use your help. If you would like to make a difference by making a donation to the CFC but don't know how or who to speak to, email either MSgt Stephen Huntington (CFC keyworker manager) at shuntington@usuhs.mil or CPT Sean Tyler (CFC campaign manager) at sean.tyler@usuhs.mil. Either person will be able to get you the information you need. If you are still on the fence about donating, but don't know what charities are out there, please take a look at the 2008 Catalog of Caring which has close to 4,000 charities to choose from. Remember, you can make a big impact for less than the cost of a cup of coffee because "One dollar a day goes a long way, when you give a chance to those in need, by voting for the CFC!" For more info about the CFC you can visit or contact the USU CFC committee at USUCFC@usuhs.mil

Learning Resource Center (LRC) Course: An Introduction to PowerPoint 2007 class will be on Dec 17 from 8:30 a.m.-3:30 p.m. in the LRC computer lab. This course is a feature-rich, easy-to-use program that enables you to create presentation slides that combine text, clip art, drawings, tables, and charts and graphs. In this course, you'll learn how to create, modify and run a basic PowerPoint presentation. All billeted federal and military employees from USU and AFRR1 are eligible to attend. Seating is limited by room size. Registrations will be accepted on a first-come, first-

serve basis. Click on the following link to apply http://www.lrc.usuhs.mil/content/usutraining_reg.php.

Attention All Army Personnel: All Army personnel are mandated to complete the new DD Form 93 for submission to your Official Military Personnel File (OMPF) no later than Dec 31. If assistance is needed please contact SSG Ward (MPO) at 295-9653 or dward@usuhs.mil.

USU Holiday Party: The university will celebrate the holidays with a fun filled family event on Dec 19 from 11 a.m. to 4 p.m. in the USU cafeteria. Tickets are on sale and you can purchase your ticket for \$3.00 in Room G011 (Melissa Martin) or in the cafeteria from 11 a.m. to 1 p.m. on Dec. 8-12 Dec. The last day to buy tickets will be Dec 12. No tickets will be sold at the door. This is a family event and children under 3 are free. We will have music, dance floor, prize drawings and a visit from Santa and his elves. For additional information please contact Melissa Martin at 295-3230 or mmartin@usuhs.mil

Military Awards Nominations: The next Military Awards Panel will convene on Dec 23. Nomination packages are due through the chain of command by Dec 15. Please provide a signed copy as well as an electronic version to TSgt Campbell, USAF (PSY) at lcampbell@usuhs.mil.

Service Member of the Quarter Nominations: The next Service Member of the Quarter board will convene on Jan 15. Nomination packages are due to HMCM Garrett, USN (BDE) no later than Jan 13.

PFT/PFA/APFT Spring 2009: The spring 2009 physical fitness test for all services is projected for April 7-9 and 14-16. Plan accordingly. If there are any questions please contact your service specific fitness coordinators: Air Force contact, (T)Sgt Ernle at 295-3281; Navy contact, FC1 Race at 295-9637; and Army contact, SSG Rogers at 295-3720.

2009 Field Exercises: Operations Bushmaster and Kerkesner will be conducted from July 7-24 at Fort Indiantown Gap, Pa. Advance personnel will deploy on July 7 and main body personnel will deploy on July 12. These exercises are unique to our university and require the support of all university uniformed personnel. Only emergency leave will be granted during this time frame as there are over 145 uniformed personnel (not including evaluators) needed to support this mission.

'Tis the Season

Celebrate the holidays at the USU party. The event takes place Dec. 19 from 11 a.m. to 4 p.m. There will be a compliment of activities, including food, music, dancing, prize drawings and a visit from Santa and his elves.



UNIFORMED SERVICES UNIVERSITY *of the Health Sciences*

