

Barry D. Adams, LCDR, MSC, USN
Bureau of Naval Medicine and Surgery, M3B7
2300 E Street NW, Washington, DC 20372
(443) 928-9312 e-mail: BDAdams@us.med.navy.mil or Barry.Adams@earthlink.net

Education

Ph.D. Candidate: University of Maryland, Baltimore

Masters of Science in Social Work: University of Texas at Arlington, May 1987

Bachelor Science Psychology: Abilene Christian University, December 1984

Work History

- October 2006 to present BUMED-M3B7: Combat/Operational Stress Control (COSC) Project Coordinator; Assistant Specialty Leader, MSC Clinical Social Work; Deployment Health Specialist. Research on Combat/Op readiness intervention effects with Navy Recruits (currently endorsed by: Commander, NSTC. Approved by UMB IRB, Bethesda NNMC IRB; Commander, NNMC: Scheduled for implementation Summer, 2007).
- August 2003 to October 2006 University of Maryland, Baltimore: Ph.D Program in Social Work; Ph.D. student/candidate. Duty Under Instruction (DUINS). Research: Human Performance & Combat/Operational Readiness; Research on Combat/Op readiness intervention effects with Navy Recruits.
- July 2001 to July 2003 Navy Personnel Command, PERS-661: Millington, TN; Quality Assurance/Credentialing Consultant; Task Force and team member: Fleet and Family Service Center (FFSC) Accreditation Team; Action Officer: Navy Family Team Summit, 2001; Navy representative to the Presidential Classroom Program, Japanese Delegation, Washington, DC.; Competitively Selected for DUINS Ph.D.
- September 1998 to July 2001 Navy/Marine Corps Counseling and Advocacy Programs: Okinawa, Japan; Director, Counseling and Advocacy Programs (CAP). Developed and provided mandated Operational Readiness for Warfighters seminars to more than 42,475 Marines, Sailors in Asian Pacific; Consolidated/Directed all non-hospital clinical counseling programs/services to a population of 30K; Instructor, Stress Theory, Combat/Operational Readiness Techniques, University of Maryland University College, Okinawa.
- March, 1995 to June 1998 (see 6 month GTMO TAD below) Navy Family Service Center: Naval Training Center/Naval Nuclear Power Training Command, Orlando, FL: First active duty Navy Social Worker director of Navy FFSC, replacing CDR as LTJG. Directed all non-hospital clinical counseling, domestic violence programs, sexual assault victim programs, and financial counseling services to a population of over 35,000; Family Advocacy Specialist, FSC Education and Training Coordinator; NTC Executive Steering Committee and TQL Coordinator; Developed and provided Operational Readiness/Suicide Prevention briefs to all incoming Nuclear Power Trainees.
- August 1995 to January 1996 Naval Hospital Guantanamo Bay, Cuba: Hand-selected for TAD assignment for Operation Sea Signal; Provided Operational Readiness for Warfighter briefs to Command and Troops: Marine Rifle Barracks, JTF 160, Naval Base Command, and Naval Hospital Command; Provided clinical services to initial Cuban/Haitian migrant population of over 50k.

December 1991 to January 1995 Adams Source Group, Ltd./Old Dam Productions, Inc.: Chapel Hill, NC/Nashville, TN
President & CEO: Career development consultation and psychotherapy, record production, music publishing, and personal executive coaching to Senate campaign staff, athletes, entertainers, and military staff.

August 1989 to December 1991 ProComm/MSC/RHA, Inc.: Durham, Granville Counties, NC.
Clinical Social Worker; Startup development Social Worker; Opened 16 ICF-MR group homes for mentally retarded and brain-injured patients; Provided family therapy, developmental training.

June 1988 to December 1988 Hospice of Harnett County: Harnett County, NC
Social Worker, Bereavement group therapist (concurrent with Good Hope Hospital).
Developed and provided first bereavement group in Harnett County.

February 1988 to August 1989 Good Hope Adolescent Re-education Program: Erwin, NC
Clinical Supervisor, Ecological Intervention In-Home Therapy Supervisor; Started up programs for high-risk adolescents; Supervised all in and out-patient treatment. Designed and implemented clinical treatment processes.

May 1987 to November 1987 Country Acres of New England, Inc.: Gilsum, New Hampshire
Program Director; Start-up Intake Specialist; Staff & Intern Supervisor; Individual and family therapist for treatment of high-risk female adolescents; Hired, trained, and supervised staff; Provided individual, group and family therapy.

December 1986 to May 1987 University of Texas, Arlington: Arlington, Texas
Graduate School of Social Work, Master of Science in Social Work degree conferred May 1987.

May 1984 to December 1986 Texas Department of Human Services: Abilene, Texas, Region IV
Regional Investigator; Children's Protective Services Specialist, Children's Protective Services, Region IV, Texas; Trained court testimony techniques: District Attorney & Police Officers.

September 1979 to May 1984 Abilene Christian University: Abilene, Texas. Bachelor of Science in Psychology degree conferred December 1984; Dean's Honor Roll 1993.

December 1979 to May 1984 Woods Psychiatric Institute: Abilene, Texas
Psychiatric Adolescent Case Manager; Senior Childcare Worker; Developed case management plans and provided individual and group counseling and behavior modification plans and implementation.

Licensure and Professional Affiliations

- Licensed Clinical Social Worker, North Carolina, C-00589, issued 1 January, 1992
- Licensed Master Social Worker (LMSW), Texas, 012926 (inactive), issued 1 July, 1987
- Diplomate in Clinical Social Work (DCSW), National Association of Social Workers (NASW), Nov. 1997
- Member, National Association of Social Workers (NASW), ID no. 884508805, issued November 1997
- Qualified Clinical Social Worker (QCSW), NASW: ID no. 884508805, issued: 1 January, 1998
- Academy of Certified Social Workers (ACSW); ID no. 884508805; issued May, 1990.
- Council on Social Work Education (CSWE), ID: Barry D. Adams; issued 8 February, 2005.

Hospital Privileging

- Naval Hospital Okinawa, Japan: October 1999 – September 2001.
- Naval Hospital Guantanamo Bay, Cuba: August 1995 – January, 1996.
- Naval Hospital Jacksonville, Florida: 18 February, 1998 - 18 February, 2000

Publication

Grieger, Thomas A. & Adams, Barry D., Psychiatric Migrant Operations in Guantanamo Bay, Cuba during Operation Sea Signal, 1995, Military Medicine, December 1997.

Recent Professional Presentations and Activities

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| 10 Aug 06 | Protocol proposal presentation: National Naval Medical Center (NNMC) Institutional Review Board (IRB): “Effects of a Cognitive Intervention on Motor Performance, Motor Performance Self-Efficacy, and Combat Event Readiness Self-Efficacy in Navy Recruits” (Approved) | National Naval Medical Center (NNMC) Institutional Review Board (IRB); Bethesda, MD |
| 3 Aug 06 | Measuring Military Performance: Confidence and Motivation Measures in Evidence-Based Military Research and Practice | Uniformed Services Social Work conference, Crystal City, VA |
| 29 Oct 05 | Ph.D. Dissertation Proposal Defense: Effects of a Cognitive Intervention on Motor Performance, Motor Performance Self-Efficacy, and Combat Event Readiness Self-Efficacy in Navy Recruits; Chair: Donna Harrington, Ph.D., Professor. | University of Maryland Baltimore, Graduate School of Social Work |
| 18 May 05 | Academic Lessons from Military Research Logistics on Taking Research into the Field | Academic Technology Conference: Goucher College, Baltimore, MD |
| 26 Apr 05 | Human Performance Theories for Social Workers: A Collaborative Approach | Uniformed Services Social Work conference, Crystal City, VA |

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| Jan - May 2005 | Social Work Research Masters Degree course (co-instructed with Carlton Munson, Ph.D.) | University of Maryland Baltimore, Graduate School of Social Work |
| Jan – May 2005 | Psychopathology Masters Degree course (co-instructed with Carlton Munson, Ph.D.) | University of Maryland Baltimore, Graduate School of Social Work |
| 20 Dec 04 | High Pressure, High Profile, Absolute Commitment Performance for American Express Financial Advisors | American Express Financial Advisors, Inc. 175 Hillside Road, Cranston, RI 02920 |
| 2 Dec 04 | Human Performance Theories and Strategies | University of Maryland Baltimore course presentation |
| 27 Apr 04 | Images, Dreams, & Actions: Evolution of Human Goal Directed Performance Poster Presentation | Uniformed Services Social Work conference, Crystal City, VA |
| 16 Oct 03 | Selfish Genetics, Human Behavior, and Social Structure | University of Maryland, Baltimore course presentation |
| April 2001-2002 | Navy Personnel Command Fleet Support Programs & Operational Readiness briefs | Naval War College, Prospective Surface Warfare COs and XOs, Newport, RI |
| April 2002 | Task Force Member for Department of the Navy Fleet and Family Support Center accreditation Program | Navy Personnel Command, Millington, TN |
| March 2002 | Presidential Classroom Program 2002; Navy Representative, Instructor and delegation guide; Leader, Japanese Delegation and Human Rights Delegation | Washington D.C. |
| January 2002 | Humor and Strategic Planning in Crisis and Wartime | Uniformed Services Social Work conference, San Diego, CA |
| January 2002 | Role of the Mental Health Provider on the Navy Family Advocacy Program (FAP) Case Review Committee | San Diego Conference on Child and Family Maltreatment, San Diego, CA, Navy Day |

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| April 2001 | Course: Operational Stress & Stress Management Course: University of Maryland University College (UMUC) Masters Program in Counseling (3.0 semester hours) | University of Maryland University College, Graduate Counseling, Okinawa, Japan |
| January 2001 | Operational Readiness for Deployed Warfighters | Uniformed Services Social Work Conference, San Diego, CA |
| Nov, Dec 2000 | Operational Readiness and Psychophysiological Optimization for Warfighters (35 lectures, 13,586 Marines & Sailors – mandated for all hands, Marine Forces, Okinawa) | Marine Corps Bases Okinawa; Camp Fuji, Japan; Iwakuni, Japan |
| 21 October 2000 | Equality in Marriage: Military Marriages | Army Women’s Group of Okinawa |
| Nov, Dec 1999 | Operational Readiness and Psychophysiological Optimization for Warfighters (35 lectures, 11,617 Marines & Sailors – mandated for all hands, Marine Forces, Okinawa) | Marine Corps Bases Okinawa; Camp Fuji, Japan |
| 20 Oct 2000 | Keynote host lecture: Naha Family Court Study, Okinawa, Japan: History of Domestic Violence Policy and Regulation in American Society and the Military | Marine Corps Base, Camp S. D. Butler, Okinawa, Japan |
| October 19, 1999 | Keynote lecture for Kyusyu Block Conference on Domestic Violence, Naha, Japan - Programs and Services in the United States for Abusive Partners of Domestic Violence | Naha, Japan: Okinawa Women’s Counseling Center |
| August 19-21, 1999 | Operational Stress Management for Fatal Salvage Operations: USS Patriot – 80 Sailors trained | USS Patriot: somewhere in Asian Pacific |
| March 6-14, 1999 | Operational Readiness and Psychophysiological Optimization for Warfighters (specialized for Marine Harrier Pilots and Eleventh Amphibious Assault Unit) 2,910 Marines, Sailors trained. | USSs BELLEAU WOOD, GERMANTOWN, DUBUQUE: somewhere in the Asian Pacific |
| Nov/Dec 1998 | Operational Readiness and Psychophysiological Optimization for Warfighters (30 lectures, 14,282 Marines & Sailors – mandated for all hands, Marine Forces, Okinawa) | Marine Corps Bases Okinawa; Camp Fuji, Japan |

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| 9 October 1997 | Use of an Internet Homepage for Team Building and Strategic Planning | Uniformed Services Social Work Conference, Baltimore, MD |
| 6 October 1997 | Advanced Personal Performance for Social Service Providers as High Pressure, High-Profile, Absolute Commitment Performers | Uniformed Services Social Work Conference, Baltimore, MD |
| September 1997 | Thinking about Success: Class for incarcerated juvenile female inmates; Florida | State of Florida Department of Juvenile Justice; Orlando, FL |
| November 18, 1996 | Rationale for Electronic Case Management; DoD Office of Family Policy | Uniformed Services Social Work Conference, Cleveland, OH |
| March 1995 – June 1998 | Naval Nuclear Power Training Command (Power School and A School): High-Pressure, High-Profile, Absolute-Commitment (HPPAC) Human Performance (4,743 trained 1995-1998) | Naval Nuclear Power Training Command, Orlando, FL |
| August 1995 – January 1996 | Guantanamo Bay, Cuba: Operational Readiness for Navy and Marine Warfighters: Marine Barracks, Navy Medical Command and Staff, Joint Service Commanders; Joint Task Force 160, Naval Medical Hospital, Naval Base Guantanamo Bay (5,679 trained w/ Radio audience) | Guantanamo Bay, Cuba: Naval Base, Joint Task Force 160; Marine Barracks GTMO |
| January 1996 | Naval Security Group Activities (NSGA) Guantanamo Bay, Cuba; Suicide Prevention and Operational Readiness for Warfighters | Naval Support Group Activities (NSGA), GTMO |
| February 1993 | Enabling Success in the Entertainment Industry: Nashville Music Market Symposium, 1993 | ArtsCenter, Carrboro/Chapel Hill, NC |
| February 1992 | The Art and Craft of Performance: Nashville Music Market Symposium, 1992 | ArtsCenter, Carrboro/Chapel Hill, NC |
| May 1987 | Denton County Clinic Research Project (Federal Grant Application) | Denton, TX |
| March 1987 | Investigator Training for Court Appointed Special Advocates (CASA) | CASA of Tom Green County; San Angelo, TX |

Awards

- 2004, 31 Dec **Global War on Terrorism Service Medal**
- 2002, 26 Nov **Meritorious Unit Commendation, Navy PERS-6:** 9-11 Navy Casualty Assistance Team, 11 September, 2001
- 2002, 6 May **National Defense Service Medal (2nd award):** Operation Enduring Freedom
- 2002, 30 March **Certificate of Appreciation:** Presidential Classroom Instructor, Washington, DC
- 2001, 18 Dec **Navy/Marine Corps Meritorious Service Medal:** Director, Marine Corps Counseling & Advocacy Programs, Okinawa, Japan
- 2000, 26 July **Navy and Marine Corps Achievement Medal (3rd award):** Producer & Team Leader 1999 Asian Beating the Blues tour
- 1999, 17 Sept **Certificate of Commendation:** Assistance to Defense Advisory Committee on Women in the Services (DACOWITS) Okinawa, Japan
- 1999, 6 April **Letter of Appreciation: Commander, Amphibious Squadron 11**
Team Leader, Operational Readiness trainer: Marine Corps Community Services Training Team: USSs BELLEAU WOOD, DUBUQUE, & GERMANTOWN
- 1999, 16 March **Certificate of Commendation:** Trainer/Instructor: 1998 Asian Pacific Beating the Blues Tour
- 1998, 25 June **Navy and Marine Corps Commendation Medal:** Director, Fleet & Family Service Center, Naval Training Center Orlando, Florida.
- 1996, 30 July **Navy and Marine Corps Achievement Medal (2nd Award):** Navy Marine Corps Relief Society Fundraising Coordinator
- 1996, 12 Jan **Humanitarian Service Medal:** (Operation Sea Signal, Guantanamo Bay, Cuba)
- 1996, 12 Jan **Joint Meritorious Unit Award:** (Operation Sea Signal, Guantanamo Bay, Cuba)
- 1996, 12 Jan **Coast Guard Meritorious Unit Commendation:** Operation Sea Signal, Guantanamo Bay
- 1996, 10 Jan **Navy Achievement Medal:** Operation Sea Signal, Guantanamo Bay
- 1995, 11 Oct **Letter of Appreciation: Naval Nuclear Power Training Command (Op-Stress Trainer)**
- 1995, 5 Jan **National Defense Service Medal (1st award):** Operation Desert Storm
- 1995, 17 Feb **Alfred Award:** Highest Military Grade and Military Bearing, U. S. Navy Officer Indoctrination School