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Author: **Last Name, First Initial**
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Title: **Whatever**
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Source: **TriService Nursing Research Program (TSNRP), 4301 Jones
Bridge Road, Bethesda, MD 20814**
Document Delivery: **<http://www.ntis.gov>; NTIS # **PBXXXX-XXXXXX****
Publication Type: Other
Language: English
Grant Information: **TSNRP MDA/HU-XXX-XX-X-XXXX**

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Please provide information for the **bolded** headings only. Refer to the sample below for assistance in completing the form. Author Affiliation is one of the following: United States Army Nurse Corps, United States Army Reserve Nurse Corps, United States Navy Nurse Corps, United States Navy Reserve Nurse Corps, United States Air Force Nurse Corps, or United States Air Force Reserve Nurse Corps.

SAMPLE

Accession No.:

Author: Barton, Clara H.

Author Affil: United States Air Force Reserve Nurse Corps

Title: Weight loss behaviors used by Active Duty Air Force personnel to maintain compliance with weight control standards.

Publication Yr: 1998

Source: TriService Nursing Research Program (TSNRP)

Document Delivery: NTIS

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Language: English

Instrumentation: Survey on weight control methods

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Weight Loss

Weight Control

Minor Headings: Weight control methods

Health Behavior

Military Personnel

Descriptive Research

Surveys

200 –300 word

Abstract: Anecdotal comments suggest that military personnel utilize weight loss techniques that may be detrimental to their health. Where as Sweeny and Bonnabeau (1990) studied a group of reserve Army medics to determine what they did to maintain weight standards, this descriptive study was designed to uncover the weight loss methods used by active duty Air Force personnel and to describe the frequency and duration that these methods were used. Demographic data were included to determine if differences existed between the various groups. Data on activity levels were also collected. Fifty-five individuals completed the survey. The data collection indicated that unhealthy weight loss behaviors ere being utilized. The demographic data show that young females are most likely to engage in pathogenic behaviors. The results of this study support the need for ongoing weight loss interventions.

Cited References: Artinian, B.A. (1998). Qualitative modes of inquiry. Western Journal of Nursing Research, 10 (2), 138-149.