

SAMPLE

**OS350.01 ORTHOPAEDIC SURGERY (SPORTS MEDICINE)**

Subinternship Location: CHS/S.MONICA 2007-2008  
Revised: 12/15/06

**COURSE CHAIR:**  
Gerald A.M. Finerman, M.D. **PHONE #:**  
(310) 794-7930  
**FAX:**  
**E-MAIL:**

**SUPPORTING FACULTY:**  
Drs. Finerman, Hame, McAllister, and Motamedi

**STUDENT COORDINATOR:**  
Iris Mau **PHONE #:**  
(310) 206-2567  
**FAX:**  
**E-MAIL:** imau@mednet.ucla.edu

**REPORT TO:** Externs report to Iris @ 7:30 a.m. in 72-229  
CHS. UCLA students contact Iris one week before starting the clerkship.

**PREREQUISITES:** Medicine and Surgery

**AVAILABLE FOR EXTERNS:** Yes

**STUDENTS / PERIOD:** max 2 min 1

**DURATION:** 3 weeks

**2007-2008 ROTATIONS BEGIN WEEKS:**  
3, 6, 9, 12, 15, 18, 21, 27, 30, 33, 36, 39, 42, 45, 48

- COURSE OBJECTIVES (in order of importance)**
1. Diagnosis and management of sports medicine orthopaedic problems in the outpatient, inpatient and emergency room settings.
  2. Have a basic understanding of the anatomy and biomechanics of soft tissue structures such as muscle, tendon and ligament, including stress-strain, patterns of tensile failure, and principles of repair and remodeling (MCL model).
  3. Thorough understanding of the anatomy of the knee, ankle, shoulder and elbow, with knowledge of the role of soft tissues such as capsule and ligaments.
  4. Ability to examine the acutely and chronically painful knee, including proficiency with the Lachman test and examination of the patellofemoral joint. The student should have a clear understanding of the normal function of the patellofemoral articulation.
  5. An understanding of how to diagnose and treat common problems such as ankle sprains, muscle strains, and shin splints.
  6. An understanding of the basic approach to injured soft-tissue structures such as ligaments and menisci (i.e., the role of repair vs. reconstruction vs. excision, and the role of conservative vs. operative intervention).

**DESCRIPTION:** Elective is designed for students with an interest in the diagnosis and management of sports injuries. Students will function as sub-interns seeing patients in outpatient clinics and participate in surgery with the Attending. Students will rotate through CHS, WLAVA or Santa Monica. Flexibility in the schedule depends on the needs of the service and student interests.

**STUDENT EXPERIENCES**

<p><b>COMMON PROBLEMS/DISEASES</b></p> <ol style="list-style-type: none"> <li>1. Sports Medicine</li> <li>2. Knee Injuries</li> <li>3. Shoulder injuries</li> <li>4. Soft Tissue Injuries</li> <li>5. Hip Injuries</li> </ol>	<p><b>INPATIENT:</b> 50% <b>OUTPATIENT:</b> 50%</p> <p><b>CONSULTATION:</b> 40% <b>PRIMARY CARE:</b> 60%</p>	<p><b>CLOSE CONTACT WITH:</b></p> <ul style="list-style-type: none"> <li>X FULL-TIME FACULTY</li> <li>X CLINICAL FACULTY</li> <li>X FELLOWS</li> <li>X RESIDENTS</li> <li>X INTERNS</li> <li>X OTHER: Nurse, Physical Therapist, Cast Technician</li> </ul>
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**APPROXIMATE # OF PATIENTS EVALUATED EACH WEEK BY STUDENT:** 30

**TOTAL # OF PATIENTS EVALUATED EACH WEEK BY ENTIRE SERVICE:** 250

**TYPICAL WEEKLY SCHEDULE**

Hour	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM</b>	Dr. Finerman in-patient O.R. @ SM Dr. Hame OPSU @ WLVA  Dr. McAllister OPSU @ WLVA	Dr. Montamedi 8:00 Sports Medicine Clinic @ SM  7:30 Dr. McAllister OPSU @ Westwood	6:45am Core Curr 8:15 Sports Conf @ WW 9:00 Sports Medicine Clinic @ WW  Dr. Hame Student Health Services @ WW Dr. Motamedi OPSU @ SM	Dr. Hame OPSU @ WW Dr. Motamedi 8:00 Sports Medicine Clinic @ SM  Dr. Finerman 9:00 Sports Med. Clinic @ WW	Dr. Finerman OPSU @ WW  Student Health Services @ WW
<b>PM</b>	Dr. Finerman OR @ SM Dr. Motamedi OPSU @ SM	Sports Medicine Clinic @ Santa Monica  Dr. McAllister OPSU @ Westwood	12:00 Sports Med Conf @ WW Dr. McAllister Sports Medicine Clinic @ WW Dr. Motamedi OPSU @ SM	Dr. Hame OPSU @ WW Dr. McAllister Sports Medicine Clinic @ WW	Dr. Finerman OPSU @ WW Dr. McAllister OPSU @ WW Dr. Motamedi OPSU @ SM

**ON-CALL SCHEDULE & WEEKEND ACTIVITIES:** Wed: 9:00 – 10:00 a.m. Orthopaedic grand rounds (once a month). On-call shared with resident.

**ADDITIONAL COMMENTS AND OTHER SPECIAL REQUIREMENTS:** The elective utilizes clinics and O.R. in Westwood and Santa Monica.