

## SSC Spouses Guide

### Air Force

#### Andrews Air Force Base

Base Operator: (301) 981-1110  
Billeting/Temporary Quarters: (301) 981-9603  
Finance: (301) 981-3998  
Housing Office: (301) 981-5166  
ID Cards: (301) 981-2277  
Military Clothing Sales: (301) 857-5665  
TMO/Property Shipping: (301) 981-4451  
Website: [www.andrews.af.mil](http://www.andrews.af.mil)

#### Bolling Air Force Base

Base Operator: (703) 545-6700  
Billeting/Temporary Quarters: (202) 404-7050  
Finance: (202) 767-4714  
Housing Office: (202) 404-1838  
ID Cards: (202) 767-5505  
Military Clothing Sales: (202) 563-5931  
Website: [www.bolling.af.mil](http://www.bolling.af.mil)

### Army

#### Fort Belvoir

Base Operator: (703) 545-6700  
Billeting/Temporary Quarters: (800) 295-9750  
Housing Office: (888) 886-4394  
Military Clothing Sales: (703) 805-2574  
TMO/Property Shipping: (703) 806-4900  
Website: [www.belvoir.army.mil](http://www.belvoir.army.mil)

#### Fort Meade

Base Operator: (301) 677-6261  
Housing Office: (301) 677-7748  
Military Clothing Sales: (301) 677-2592  
Website: [www.ftmeade.army.mil](http://www.ftmeade.army.mil)

### Joint Services

#### Walter Reed National Military Medical Center (WRNMMC)

Base Operator: (301) 295-2273  
Billeting/Temporary Quarters: (202) 563-6950  
Finance: (301) 295-2612  
Housing Office: (301) 295-6564  
ID Cards: (301) 295-0103  
Military Clothing Sales: (301) 295-1489  
Website: [www.bethesda.med.navy.mil](http://www.bethesda.med.navy.mil)

#### Uniformed Services University of the Health Sciences (USUHS)

Security: (301) 295-3038  
Website: [www.usuhs.mil](http://www.usuhs.mil)

**On-Base Childcare/Babysitters**

Child Development Center	
WRNMMC	(301) 295-0167
Andrews AFB	(301) 981-3035
Child Development Services	
Fort Meade	(301) 677-1156
In Home Certified Care on Base	
Andrews AFB	(301) 981-2025

**Chaplain Services**

USU	(301) 295-3193
WRNMMC	(301) 295-1510

**Clinics**

Andrews AFB (Malcolm Grow)	(888) 999-1212
Bolling AFB	(202) 767-5536
Fort Belvoir (Dewitt Army Hospital)	(703) 805-0612
WRNMMC	(301) 295-6289
USU Clinic	(301) 295-3630

**Emergency Rooms**

Andrews AFB (Malcolm Grow)	(240) 857-2333
Fort Belvoir (Dewitt Army Hospital)	(703) 805-0414
Frederick (Frederick Memorial)	(301) 698-3458
Gaithersburg (Shady Grove Adventist)	(301) 279-6064
Rockville (Suburban Hospital)	(301) 896-3100
WRNMMC	(301) 295-4810
DC (George Washington University)	(202) 715-4975

**Grocery Stores/Commissaries**

Andrews AFB	(240) 857-7105
Bolling AFB	(202) 767-4044
Fort Belvoir	(703) 806-6371
Fort Meade	(301) 677-7463
Fort Myer	(703) 696-3685
Marine Corps Base	(703) 784-2476
WRNMMC Forest Glen Annex	(301) 295-7358

**Exchanges (PX/BX)**

Andrews AFB	(301) 568-1500
Bolling AFB	(202) 562-3000
Fort Belvoir	(703) 806-5800
Fort Meade	(410) 674-7170
Fort Myer	(703) 522-4575
Henderson Hall	(703) 979-8420
Naval Station	(410) 575-0005
WRNMMC	(301) 295-6362
Washington Navy Yard	(202) 889-7534

**Family Services/Community Services**

Andrews AFB	(301) 981-7087
Bolling AFB	(202) 767-4464
Fort Belvoir	(703) 805-4590
Fort Meade	(301) 677-5590
WRNMMC	(301) 319-4086

**Legal Services**

Andrews AFB	(301) 981-2042
Bolling AFB	(202) 767-5297
Fort Belvoir	(703) 805-2856
WRNMMC	(301) 295-6052
USU	(301) 296-3028

**WMR (Equipment Rentals/Ticket Sales)**

Andrews AFB	(301) 981-5663, <a href="http://andrewsforcesupportsquadron.com">andrewsforcesupportsquadron.com</a>
Bolling AFB	(202) 767-9135
Fort Belvoir	(703) 805-2532, <a href="http://www.belvoirmwr.com">www.belvoirmwr.com</a>
Fort Meade	(301) 677-2988, <a href="http://www.ftmeademwr.com">www.ftmeademwr.com</a>
WRNMMC	(301) 295-0434

**Banks**

USAA	(800) 531-2265, <a href="http://www.usaa.com">www.usaa.com</a>
Navy Federal Credit Union	(888) 842-NFCU, <a href="http://www.navyfcu.org">www.navyfcu.org</a>
Chevy Chase	(301) 987-BANK, <a href="http://www.chevychasebank.com">www.chevychasebank.com</a>
United Bank	(703) 502-7180, <a href="http://www.unitedbankdcmetro.com">www.unitedbankdcmetro.com</a>

**Metro**

[www.wmata.com](http://www.wmata.com)

**Utilities****Cable**

Comcast	(877) 760-5341, <a href="http://www.comcast.com">www.comcast.com</a>
Dish Network	(888) 590-0123, <a href="http://www.dishnetwork.com">www.dishnetwork.com</a>
RCN	(866) 603-4474, <a href="http://www.rcn.com">www.rcn.com</a>
Verizon	(877) 483-5898, <a href="http://www.verizon.com">www.verizon.com</a>

**Electricity**

Allegheny Power	(800) 255-3443, <a href="http://www.alleghenyenergy.com">www.alleghenyenergy.com</a>
Pepco	(301) 365-0351, <a href="http://www.pepco.com">www.pepco.com</a>
Clean Currents	(301) 754-0430, <a href="http://www.cleancurrents.com">www.cleancurrents.com</a>

**Gas**

Washington Gas	(703) 750-1000, <a href="http://www.washgas.com">www.washgas.com</a>
----------------	--

**Internet**

Comcast	(877) 760-5341, <a href="http://www.comcast.com">www.comcast.com</a>
RCN	(866) 603-4474, <a href="http://www.rcn.com">www.rcn.com</a>
Verizon	(877) 483-5898, <a href="http://www.verizon.com">www.verizon.com</a>

**Oil**

Petro	(800) OIL-HEAT, <a href="http://www.petro.com">www.petro.com</a>
-------	--

**Propane**

Suburban Propane	(301) 251-0606, <a href="http://www.suburbanpropane.com">www.suburbanpropane.com</a>
------------------	--

**Water**

City of Frederick	(301) 600-1333
WSSC	(301) 206-WSSC

## Dentist

Dr. Bartlett

14700 Bauer Dr, Rockville, MD 20853  
(301) 460-9090

*Notes: My husband's family has gone to him for years. He sees 6 people in our family and we all love him and his staff. Recommended by multiple spouses.*

Dr. David Dutrow/Dr James Manwaring

16220 S Frederick Road #400, Gaithersburg, MD 20877  
(301) 977-9100

Germantown Smiles

19735 Germantown Rd, Suite 225, Germantown, MD 20874  
(240) 654-3302

[www.smilegermantown.com](http://www.smilegermantown.com)

Dr. Robert J. Kelly and Associates

Gaithersburg: 832 Quince Orchard Blvd, Gaithersburg, MD 20878 (301) 948-0058  
Kensington: 10339 Kensington Pkwy, Kensington, MD 20895 (301) 949-2280  
Kentlands: 220 Main St. Gaithersburg, MD 20878 (301) 519-3232

*Notes: We see Dr. Lev Tomashesky & Dr. Ler.*

Dr. Michael Yi

10400 Connecticut Ave Ste 506, Kensington, MD 20895  
(301) 946-5464

*Notes: Recommended by multiple spouses.*

## Pediatric Dentist

Germantown Smiles

19735 Germantown Rd, Suite 225, Germantown, MD 20874  
(240) 654-3302

[www.smilegermantown.com](http://www.smilegermantown.com)

*Notes: Dr. Bob Testen recommended.*

Dr. Robert J. Kelly and Associates

Gaithersburg: 832 Quince Orchard Blvd, Gaithersburg, MD 20878 (301) 948-0058  
Kensington: 10339 Kensington Pkwy, Kensington, MD 20895 (301) 949-2280  
Kentlands: 220 Main St. Gaithersburg, MD 20878 (301) 519-3232

*Note: See Dr. Kao who is AMAZING!!!*

Orlando Pediatric

1401 Old Georgetown Rd, Suite 403, Bethesda, MD 20814  
(301) 581-1100

*Notes: Recommended by multiple spouses, but they don't see kids until the age of 3.*

## Eye Doctor

For Eyes

7272 Wisconsin Ave, Bethesda, MD 20814  
(301) 913-0290

Dr. Alicia Krupa

Bldg 1683, Starkey Ave, Andrews AFB 301735  
(301) 735-1393

My Eye Doctor in Silver Spring

8525 Georgia Ave, Silver Spring, MD 20910  
(301) 588-3232

[www.myeyedr.com](http://www.myeyedr.com)

*Notes: Exams are covered by Tricare, but glasses are expensive and they only cover 20%. You can take your prescription elsewhere if you want. They also put out Groupons that reduce the costs.*

## Mechanic

### Butler Automotive

14720 Southlawn Lane, Rockville, MD 20850

(301) 762-3865

butlerautorockville.com

*Notes: (cheaper oil change)*

### Chevrolet: Chriswell Chevrolet

503 Quince Orchard Rd, Gaithersburg, MD 20878

(866) 849-2015

www.chriswellchevrolet.com

*Notes: Awesome service. We bought a truck there and get service there also. Open late and on Saturdays.*

### Ed Coby Automotives

40 Hudson Street, Annapolis, MD 21401

(410) 266-6690

*Notes: Ed specializes in Volvos and other European cars. He is honest, quick, and does great work.*

### European Cars & Lexus: LXT Automotive

12273 Nebel Street, Rockville, MD 20852

(301) 363-4152

### Fitzgerald Lakeforest Service

907 North Frederick Avenue, Gaithersburg, MD 20879

(301) 921-0300

fitzmall.com

*Notes: They have a kids play area, 2 waiting areas, and docking stations and desktops to allow you to work while you wait. Usually you can get a loaner vehicle too.*

### J & D Auto Service

18909 Bonanza Way, Gaithersburg, Maryland 20879

(301) 840-8556

janddauto.net

### Jim Coleman Toyota

10400 Auto Park Avenue Bethesda, MD 20817

(301) 469-7100

<http://www.jimcolemantoyota.com/index.html>

*Notes: They are exceptionally attentive and friendly.*

### Marv and Mikes

11508 Schuykill Rd, Rockville, MD 20852

(301) 770-7051

www.marvandmikes.com

*Notes: My husband's family has taken their cars here for years. They are well rated on consumer checkbook. They have appointments and are near the school so you can leave your car for the day. They have often quoted us a price and then reduced it because they didn't take as long or need as much work as they expected. Very honest and fair. Not open on weekends and no real waiting area.*

### Ourisman Honda

4800 Bethesda Ave, Bethesda, MD 20814

(301) 656-1000

www.oursminhonda.com

*Notes: We go here for oil changes. Good to us so far, and have a nice military discount!*

### Premier Motors Service

309 Howard Ave, Rockville, MD 20850

(301) 340-2130

*Notes: Big "D" is very friendly, super reliable and accommodating. They have been awesome and are fast!! Recommended by multiple spouses.*

Rockville Service Center  
1900 Rockville Pike Rockville, MD 20852  
(301) 881-1810  
rockvilleservicecenter.com

Sport Honda  
3201 Automobile Blvd, Silver Spring, MD 20904  
(301) 890-4700  
www.sporthonda.com

### **Pet Services**

Best Friends Pet Care  
395 Muddy Branch Road, Gaithersburg, MD 20878  
(301) 926-6005  
www.Bestfrindspetcare.com

Ft. Meade Vet  
2018 Annapolis Rd., Fort Meade, MD 20755  
(301) 677-1300  
<http://www.ftmeademwr.com/veterinary.php>  
*Notes: They are awesome! A bit of a drive, but it's so much cheaper.*

Germantown Veterinary Clinic  
19911 Father Hurley Blvd, Germantown, MD 20874  
(301) 972-9730  
www.germantownvet.com  
*Notes: We also board our dogs there, they are great and have 24 hr care.*

Muddy Branch Veterinary  
333 Muddy Branch Road, Gaithersburg, MD 20878  
(301) 963-0275  
www.mbvets.com  
*Notes: Request Dr. Katz*

Negola's Ark Veterinary Hospital  
9401 Fields Road Gaithersburg, MD 20878  
(301) 216-0066  
negolasark.aahavet.org  
*Notes: They are very kind to our pets and they price match for heartworm medicine.*

Dr. Ira Silver  
8815 Connecticut Ave, Chevy Chase, MD 20815  
(301) 656-6655

### **Chiropractic**

Kensington Chiropractic  
3706 Perry Ave, Kensington, MD 20895  
(301) 949-0440

### **Daycare**

Kidsco Jr  
24555 Cutsail Drive, Damascus MD 20872  
(301) 253-0330  
www.kidscojr.com

Little People Daycare  
12720 Royal Carriage Drive, Germantown, MD 20872  
(301) 515-0495

## Dry Cleaners

### Crest Cleaners

233 Kentlands Blvd, Gaithersburg, MD 20878, 301-212-9595

20948 Fredrick Rd, Germantown MD 20876

*Notes: Many online coupons and same day pick up if dropped off by 9:00am.*

### Kemp Mill Dry Cleaners

1315 Lambertson Dr, Silver Spring, MD 20902

(301) 649-2552

*Notes: They do alterations and clothing repair. They have detailed and altered many uniforms for us. They will work on anything until you are completely satisfied.*

## Hair & Nail Care

### About Faces Day Spa

1910 Towne Center Blvd, Suite 203, Annapolis, MD 21401

(410) 224-4110

[www.aboutfacesdayspa.com](http://www.aboutfacesdayspa.com)

*Notes: Stylist Debbie biederman. I've been going to Debbie for 4 years, and she is fantastic.*

### Bubbles Salon

Regional franchise with multiple locations in the area.

*Notes: Reasonably priced compared to other salons. Recommended by multiple spouses.*

### Hugo Salon

2901 University Blvd, W Kensington, MD 20895

(301) 949-2330

[www.hugosalon.biz](http://www.hugosalon.biz)

*Notes: One spouse sees Doug. Recommended by multiple spouses.*

### Lovely Nails

Wheaton Mall, Wheaton

(301) 949-3110

### Nail Club

1030 Rockville Pike, Rockville, MD 20852

(301) 838-4208

### Progressions Salon

12211 Nebel St, Rockville, Maryland 20852

(301) 231.8757

[www.progressions.com](http://www.progressions.com)

*Notes: The price is dependent on the stylist's level of training. I see Navin and pay \$45 for a cut/blow dry and got a 10% off coupon for my second trip.*

### Salon Red

224 Main St, Suite 100, Gaithersburg, MD 20878

(240) 631-0163

[www.salonred-kentlands.com](http://www.salonred-kentlands.com)

*Note: Would definitely recommend Carolyn.*

### A Do or Dye

116 S Mail Street, Mount Airy, MD 21771

(301) 829-4120

[www.a-do-or-dye-salon.com](http://www.a-do-or-dye-salon.com)

### Lifestyle Spa

5212 Randolph Road, Rockville, MD 20852

(301) 468-9770

### Ulta

1631 Rockville Pike, Rockville, MD 20852

(301) 231-5386

### **Baby Stores**

#### Buy Buy Baby

1683 Rockville Pike, Rockville, MD 20852

(301) 984-1123

[www.buybuybaby.com](http://www.buybuybaby.com)

#### Great Beginnings

18501 North Frederick Ave, Gaithersburg, MD 20879

(301) 417-9702

[www.greatbeginnings.com](http://www.greatbeginnings.com)

### **Other Stores**

#### Butler Orchards

22200 Davis Mill Road, Germantown, MD 20876

(301) 972-3299

[www.butlorsorchard.com](http://www.butlorsorchard.com)

*Notes: On sight market or pick your own berries and apples, pumpkin patch with fall festival, Christmas trees. Recommended by multiple spouses.*

#### H Mart

12015 Georgia Avenue, Wheaton, MD 20902

(301) 942-5071

[www.hmart.com](http://www.hmart.com)

*Notes: Asian market. Also great for produce.*

#### Sniders

1936 Seminary Road, Silver Spring, MD 20910

(301) 589-3240

[www.sniderfoods.com](http://www.sniderfoods.com)

*Notes: Local produce, organic, independent chain. Produce recommended.*

#### Unique Thrift Store

12211 Veirs Mill Road, Wheaton, MD 20906

(301) 962-0600

[www.uniquethriftstoremd.com](http://www.uniquethriftstoremd.com)

### **Restaurants (No nation wide chain's listed)**

- American
  - Black Market Bistro, [www.blackmarketrestaurant.com](http://www.blackmarketrestaurant.com), Garrett Park, MD (recommended by multiple spouses)
  - BGR -- The Burger Joint, [www.bgrtheburgerjoint.com](http://www.bgrtheburgerjoint.com), Bethesda, MD (recommended by multiple spouses)
  - Cafe Deluxe, [www.cafedeluxe.com](http://www.cafedeluxe.com), Bethesda, MD
  - Good Stuff Eatery, [www.goodstuffeatery.com](http://www.goodstuffeatery.com), Downtown, DC
  - Matchbox, [www.matchboxrockville.com](http://www.matchboxrockville.com), Rockville, MD (recommended by multiple spouses)
  - Parker's, [www.parkersbistro.com](http://www.parkersbistro.com), Bethesda, MD
- BBQ
  - Branded 72, [www.branded72.com](http://www.branded72.com), Rockville, MD (recommended by multiple spouses)
- Dessert
  - Georgetown Cupcakes, [www.georgetowncupcakes.com](http://www.georgetowncupcakes.com), Bethesda, MD (recommended by multiple spouses)  
*\*\*Join their facebook page to find out the flavor of the day then be one of the first 100 to the store to get a free cupcake.*
- Italian
  - Flippin Pizza, [www.flippinpizza.com](http://www.flippinpizza.com), Bethesda and Silver Spring, MD
  - La Panetteria, [www.lapanetteria.com](http://www.lapanetteria.com), Bethesda, MD
  - Laurienzo Brick Oven Café, [www.laurienzobrickovencafe.com](http://www.laurienzobrickovencafe.com), Mt Airy, MD
  - Olazzo's, [www.olazzo.com](http://www.olazzo.com), Silver Spring and Bethesda, MD (recommended by multiple spouses)
  - Vace, [www.vaceitaliandeli.com](http://www.vaceitaliandeli.com), Bethesda, MD
- Mediterranean
  - Cava Mezze Grille, [www.cavamezze.com](http://www.cavamezze.com), Rockville, MD
  - The Lebanese Taverna and Café, [www.lebanesetaverna.com](http://www.lebanesetaverna.com), Silver Spring, Bethesda, Rockville (recommended by multiple spouses)  
*\*\*Some locations are sitdown service restaurants and some are café's.*
  - Vasili's, [www.vasilisgreek.com](http://www.vasilisgreek.com), Gaithersburg, MD
- Mexican
  - El Mariachi, [www.elmariachirestaurant.com](http://www.elmariachirestaurant.com), Rockville, MD
  - Jaleo, [www.jaleo.com](http://www.jaleo.com), Bethesda, MD
  - Mi Rancho, [www.miranchotexmexrestaurant.com](http://www.miranchotexmexrestaurant.com), Silver Spring, MD
  - Uncle Julio's, [www.unclejulios.com](http://www.unclejulios.com), Bethesda, MD (recommended by multiple spouses)
- Sandwiches
  - Addie's, [www.addiesrestaurant.com](http://www.addiesrestaurant.com), Bethesda, MD (recommended by multiple spouses)
  - Boeymonger's, [www.boeymonger.com](http://www.boeymonger.com), Bethesda, MD
  - Parkway Deli, [www.theparkwaydeli.com](http://www.theparkwaydeli.com), Silver Spring, MD (recommended by multiple spouses)
  - Royal Bagel Bakery & Deli, [www.royalbagelbakery.com](http://www.royalbagelbakery.com), Germantown, MD
- Seafood
  - Dogfish Head Alehouse, [www.dogfishalehouse.com](http://www.dogfishalehouse.com), Gaithersburg, MD
  - Mussell Bar, [www.musselbar.com](http://www.musselbar.com), Bethesda, MD
  - Potomac Grill, [www.thepotomacgrill.com](http://www.thepotomacgrill.com), Rockville, MD
- Sushi
  - Maki Maki, 8023 Wisconsin Avenue, Bethesda, MD 20814 (recommended by multiple spouses)