



OFFICE OF THE
BRIGADE COMMANDER

UNIFORMED SERVICES UNIVERSITY OF THE HEALTH SCIENCES

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MEMORANDUM FOR SCHOOL OF MEDICINE CLASS OF 2013

SUBJECT: Brigade Commander's Welcome

1. Welcome to the Uniformed Services University (USU)! Congratulations on being selected to advance your medical training at this institution. We are looking forward to your arrival in August. It will be an exciting four years during which USU faculty and staff will be committed to ensuring you receive the best military medical education possible. Soldiers, Sailors, Airmen, Marines, Coast Guard personnel, civilian personnel, and family members are counting on you—we need all of you to become the best physicians that you can be.
2. In addition to being proficient in medicine, all of you will be commissioned officers – you need to be the best officers that you can be. Being a good officer is paramount to your success – do what is right always. Ensure you meet your service specific height/weight standards as well as the appropriate physical fitness standards. You are all expected to exceed these standards when you arrive at USU in August.
3. Medical readiness for all uniformed personnel is a priority. Copies of vaccinations and medical documentation from encounters that occur at your summer officer orientation courses need to be brought to USU orientation in August.
4. Arrive at USU with all the required uniforms. You are going to be role models so start now – military bearing is important. If you use tobacco, quit – it is not consistent with the practice of medicine. If you drink alcohol, do it responsibly. Good nutrition coupled with daily exercise and plenty of sleep will ensure the best possible opportunity for success in daily life.
5. Again, congratulations and I look forward to meeting you in August.

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