

Health Supervision Template for Medical Students

Pre-visit Check List:

- Review Bright Futures Pocket Guide _____
- Review Medical Record (paper chart/AHLTA) _____
- Plot Growth Chart and Review Vital Signs _____
- Review Immunizations _____

History:

Parent/Child Concerns	Expected Milestones (Gross Motor, Fine Motor, Social, Language)
Home/Caretakers	Developmental History (Behavioral Concerns?)
Military status / Deployment status	PMH / PSurgHx (Injuries? ER visits?)
Typical day / Routine	Birth History
Diet / Nutrition (Liquids / Solids)	Family History
Sleep Routine	Social History (Smoke exposure? Violence exposure?)
Voiding Pattern (Urine / Stool)	Screening (Lead / TB / Anemia)
Review of Systems	

Physical Exam:

<u>Vital Signs</u>		<u>Growth Parameters and %iles</u>			
		Wt:	Length/Ht:	HC:	BMI:
HEENT		GU			
NECK		MS			
CV		NEURO			
PULM		DEV			
ABDOMEN		OTHER			

Assessment/Plan:

Prioritized Anticipatory Guidance	Growth/Development	Vaccines	Follow-up
Nutrition			
Safety			
Behavior/Development			
Military Resources			