

INFERTILITY CASE
Hacker, et al. 4th Ed: Ch. 35

A 34 year-old G0 is referred to your clinic for evaluation of infertility. The patient and her husband have been attempting to become pregnant for the last 15 months without success. She reports menses every 40-50 days, with varying amounts of menstrual flow. Her menarche occurred at age 12, and she had irregular menses through high school. She previously used oral contraceptives to regulate her menses from the time she entered college at age 18 until 15 months ago. Her husband was previously married and has 2 children from that marriage.

Discuss your evaluation and management of this patient.

Questions to Consider:

- a. Define primary vs. secondary infertility
- b. What if this patient were trying for 6 months to become pregnant?
- c. What if this patient were 41 years old?
- d. What if this patient reported a history of PID and regular menstrual cycles?
- e. What if this patient's husband's former wife also never achieved pregnancy?

APGO Educational Topic 48: Infertility

- a. Define infertility
- b. Describe the causes of male and female infertility
- c. Describe the evaluation and management of infertility
- d. List the psychosocial issues associated with infertility