

ENDOMETRIAL DISEASE CASE
Hacker, et al. 4th Ed: Ch. 20, 42

A 62 year-old G1P1 postmenopausal woman not on hormone replacement presents to your office complaining of vaginal spotting for the last 3 months. The spotting occurs intermittently. The patient previously had menses every 3-4 months that were heavy with passage of clots. She has not had a period in 8 years. She was on hormone replacement therapy for about 2-3 years at the onset of menopause.

You perform an endometrial biopsy that reveals atypical endometrial glands with crowding and lack of stroma consistent with complex endometrial hyperplasia with atypia. Discuss your management of this patient.

Questions to Consider:

- a. What are the various types of endometrial hyperplasia?
- b. What is the risk of cancer associated with each type of hyperplasia?
- c. What conservative options are available for lesser grades of endometrial hyperplasia?
- d. What are preventive methods for endometrial cancer?
- e. What if this patient were 36 and had not completed childbearing?

APGO Educational Topic 54: Endometrial Carcinoma

- a. List the risk factors for endometrial carcinoma
- b. Describe the symptoms and physical findings of a patient with endometrial cancer
- c. Outline the appropriate management of the patient with postmenopausal bleeding
- d. Discuss the use of diagnostic methods for a patient with endometrial carcinoma