

CONTRACEPTION

Hacker, at al. 4th Ed. Chapter 27

A 30 G1P1 using condoms for contraception presents to the gyn clinic for information about other types of contraception. She is happily married for 5 years and has never been on oral contraceptives. Her most recent pap smear was normal. She denies any medical problems, but does state that her mother has breast cancer recently diagnosed at age 56. Please discuss the different methods of contraception and the risks/benefits of each type.

Questions to Consider:

1. Try role-playing with a colleague. Counsel your colleague about contraceptive options and the risks/benefits of each type. Have your colleague counsel you; generate questions a patient might ask. Look the answers up together.
2. How do the effectiveness rates compare between various contraceptive methods?
3. Which contraceptives prevent STIs?

APGO Educational Topic 33: Contraception and Sterilization:

1. Describe the physiologic basis of contraception (OCPs, emergency contraception, patches, rings, IUD, sterilization, etc.)
2. Describe the effectiveness of each form of contraception.
3. Counsel the patient regarding the benefits and risks for each form of contraception.
4. Describe the methods of male and female sterilization.
5. Lists the risks and benefits of procedures, including:
 - a. Potential surgical complications
 - b. Failure rates
 - c. Reversibility