

ADNEXAL MASSES
Hacker, et al., 4th ed. Chapter 21, 40

A 62 year old woman, G1P0, on PremPro, presents with complaints of bloating, nausea and weight loss. She has not seen the OB/GYN provider for several years because she has had no complaints until this year. She has a family history significant for a mother who died of breast cancer, a sister who died of ovarian cancer, and a brother with colon cancer. On pelvic exam, you note a firm palpable mass in the left lower quadrant, which is fixed and non-tender to palpation, approximately 6 cm in size. Discuss the diagnosis and management of this case.

Questions to Consider:

1. What if this patient were a child?
2. What if this patient were a young adult?
3. Discuss the utility of tumor markers for ovarian masses. Be familiar with each tumor marker.

APGO Educational Topic 55: Ovarian Neoplasms

- a. Describe the approach to the adnexal mass and how factors such as age and mass characteristics affect the evaluation.
- b. Compare the characteristics of functional cysts, benign ovarian neoplasm and ovarian malignancies.
- c. Describe the symptoms and physical findings of a patient with ovarian malignancy.
- d. List the risk factors for ovarian cancer.
- e. Counsel a woman with risk for ovarian cancer.