

Marjan Ghahramanlou Holloway, Ph.D.

Curriculum Vitae

Uniformed Services University of the Health Sciences
Department of Medical & Clinical Psychology
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CURRENT POSITION

Assistant Professor, Department of Medical & Clinical Psychology
Uniformed Services University of the Health Sciences

June 2006 – Present

EDUCATION

2004 **Postdoctoral Fellowship**

University of Pennsylvania, Department of Psychiatry, Philadelphia, PA
Mentors: Aaron T. Beck, M.D. and Gregory K. Brown, Ph.D.

2003 **Ph.D. Clinical Psychology**

Fairleigh Dickinson University (APA-Accredited), Teaneck, NJ
Dissertation Title: “*Cognitive Behavioral Treatment Efficacy for Anxiety Disorders: A Meta-Analytic Review*”
Committee: Louis Hsu, Ph.D., Juliana Lachenmeyer, Ph.D., Margaret Gibbs, Ph.D., & Linda Reddy, Ph.D.

2001 **Clinical Internship**

Springfield Hospital Center (APA-Accredited), Sykesville, MD

1997 **M.A. Pre-Clinical Psychology**

Chapman University, Orange, CA
Thesis Title: “*Vicarious Trauma: The Effects of Crisis Intervention on Sexual Assault Counselors*”
Committee: Carolyn Brodbeck, Ph.D., Steven Schandler, Ph.D., & Mason Fries, Ph.D.

1994 **B.S. Biology, B.A. Psychology, Minor in English Literature**

University of California, Irvine, CA

AWARDS

2009	Cinda Helke Award for Excellence in Graduate Student Advocacy – Student Nominated
2006	Level II Participant, NIH Sponsored 1-Week Summer Research Institute on Suicide Prevention, University of Rochester
2005	Level I Participant, NIH Sponsored 1-Week Summer Research Institute on Suicide Prevention, University of Rochester
2003	Marquis Who’s Who in American Education – Student Nominated
1996-1999	Johnson & Johnson Minority Scholarship
1996-1999	Fairleigh Dickinson University – Psychology Department Research Assistantship Award
1996	Chapman University Outstanding International Graduate Student Award

LICENSES, CERTIFICATIONS, & PRIVILEGES

- Licensed Psychologist, State of Maryland (License #04126) 2004 – Present
- Certified Cognitive Therapist, Academy of Cognitive Therapy 2004 – Present
- Credentialed Provider, Walter Reed Army Medical Center 2007 – Present

RESEARCH & CLINICAL EXPERIENCE

- 2006-Present **Principal Investigator, Suicide Prevention Laboratory**
Uniformed Services University of Health Sciences, Dept of Medical & Clinical Psychology, Bethesda, MD
Duties: Developing programmatic research in the following areas: a) risk/protective factors for suicide behavior in US military personnel; b) inpatient cognitive behavior therapy for prevention of suicide; c) psychotherapy efficacy and effectiveness for individuals following suicide attempt; and d) family response and functioning post suicide attempt behavior.
Supervisor: David Krantz, Ph.D., Professor & Department Chair
- 2005-2006 **Research Associate**
University of Pennsylvania, Department of Psychiatry, Philadelphia, PA
Duties: Co-investigator of NIMH/CDC/NIDA funded (P20) developing center on interventions for the prevention of suicide. Project director for an NIMH/CDC funded randomized clinical trial (R01) of cognitive therapy for suicide attempters. Handled daily study operations; managed patient crises & hospitalizations; recruited community mental health centers and emergency departments as collaborators; trained & supervised study therapists; supervised study personnel (i.e., research assistants, case managers, and several postdoctoral fellows). Prepared grant progress reports, IRB submissions, study manuals, and manuscripts for publication.
Supervisors: Aaron T. Beck, M.D., University Professor of Psychiatry
 Gregory K. Brown, Ph.D., Research Associate Professor
- 2004-2005 **Postdoctoral Research Fellow**
University of Pennsylvania, Department of Psychiatry, Philadelphia, PA
Duties: Conducted research on mood and anxiety disorders at the Psychopathology Research Unit. Project director for an NIMH/CDC funded randomized clinical trial (R01) examining the efficacy and effectiveness of community-based cognitive therapy for adult suicide attempters.
Supervisor: Aaron T. Beck, M.D., University Professor of Psychiatry
- 1999-2000 **Research Coordinator**
University of Maryland Medical System, Department of Neurology, Baltimore, MD
Duties: Project director for NIH funded research on favorable outcome in stroke patients. Recruited participants, planned budget, and updated IRB approvals. Conducted neuropsychological testing and phone follow-up interviews with patients and families. Created databases & scoring programs using EXCEL and carried out SPSS analyses.
Supervisor: Lynn Grattan, Ph.D., Director of Neuropsychology Department
- 1996-1999 **Research Extern**
North Shore University Hospital-Cornell University Medical College, Department of Psychiatry, Manhasset, NY
Duties: Conducted literature reviews on anxiety disorders, planned research projects, collected, scored and analyzed outcome data using ACCESS, EXCEL & SYSTAT programs, and presented findings at professional conferences.
Supervisor: Juliana Lachenmeyer, Ph.D., Program Director
- 1996-1999 **Research Assistant**
Fairleigh Dickinson University, Department of Psychology, Teaneck, NJ
Duties: Research included etiologic factors in schizophrenia, effects of traumatic events, simulated jury decisions and environmental stressors as related to mental health.
Supervisor: Margaret Gibbs, Ph.D., Director of Clinical Training

1993-1996 **Research Assistant – Laboratory Technician**
Beckman Laser Institute and Medical Clinic, Irvine, CA
 Duties: Conducted cell, tissue, and animal experiments for a variety of federally and privately funded investigations examining the efficacy of photodynamic therapy for the treatment of malignant tumors and port-wine stains (disfiguring congenital birthmarks).
 Supervisors: Marie Wilson, M.S. and Chung-Ho Sun, Ph.D., Research Analysts
 Stuart Nelson, M.D., Ph.D., Associate Director

CLINICAL EXPERIENCE

2003-Present **Outpatient Therapist – Private Clinical Practice**
Columbia (2003-2006) & Chevy Chase (2006-Present), MD
 Duties: Maintain a weekly caseload of 10-12 patients.

2004-2006 **Outpatient Therapist**
University of Pennsylvania, Center for Cognitive Therapy, Philadelphia, PA
 Duties: Provided cognitive therapy to individuals with various psychiatric diagnoses.
 Supervisor: Cory F. Newman, Ph.D., Director, Center for Cognitive Therapy

2000-2002 **Psychology Associate**
Saint Luke Institute, Silver Spring, MD
 Duties: Provided psychotherapy to Catholic clergy with the primary diagnosis of sexual disorders. Served as an evaluator for the institute's consultation services to bishops and church officials.
 Supervisors: Lisa Drexler, Ph.D., Director of Outpatient Services
 Stephen Rossetti, Ph.D., D.Min., President and CEO

2000-2001 **Psychology Intern**
Springfield Hospital Center, Sykesville, MD (APA-Approved)
 1st Rotation: *Addictions Services*. Participated as a consultant for the Co-Occurring Consultation Program. Interviewed dually-diagnosed patients, made recommendations for treatment and aftercare placements. Provided individual therapy. Conducted psychological assessments and prepared written reports. Co-led the following groups: Co-Occurring Disorders, Trauma & Substance Abuse, Addictions Treatment.
 2nd Rotation: *Admissions Ward*. Provided psychological assessment, crisis management and therapeutic services to newly admitted patients to the hospital. Conducted forensic evaluations and prepared written reports. Co-led the following groups: Social Skills Training, Addictions Treatment, and Group Psychotherapy.
 Clinical Supervisors: Barbara Medine Deluty, Ph.D., Director of Addictions Services
 Francoise Reynolds, Ph.D., Director of Intern Training
 Testing Supervisors: Carla Clavelle, Ph.D., Staff Psychologist
 Robert Katz, Ph.D., Acting Director of Intern Training

2000-2001 **Psychology Intern – Rotation Placement**
Medical Services for the Circuit Court of Baltimore City, Baltimore, MD
 Duties: Prepared forensic evaluations for the Circuit Court - Custody/Visitation, Pre-Trial, Pre-Sentence, Competency & Responsibility, Waiver/Transfer of Jurisdiction.
 Supervisor: Larry Heller, Ph.D., Forensic Psychologist

- 1999-2000 **Psychologist**
Maryland General Hospital, Bryn Mawr Rehabilitation Center, Baltimore, MD
Duties: Conducted intake interviews, administered assessment batteries, and provided treatment recommendations for outpatient children, adolescents and their families.
Supervisor: Miguel Rodriguez, Ph.D., Director of Psychology
- 1999-2000 **Psychology Associate**
NeuroBehavioral Consultants, Columbia, MD
Duties: Administered and scored a wide range of neuropsychological batteries (including projective measures) to children, adolescents, and adults.
Supervisors: Vince Cullota, Ph.D. and Tom Baumgardner, Ph.D., Co-Directors
- 1999-2000 **Neuropsychology Technician**
Clinical & Forensic NeuroScience, Baltimore, MD
Duties: Administered and scored neuropsychological batteries for forensic cases.
Supervisor: Sue Antell, Ph.D., ABPN, FACP
- 1998-1999 **Testing Technician**
Long Island Neuropsychological Consultants, Great Neck, NY
Duties: Administered and scored a wide range of neuropsychological batteries to children, adolescents, and adults.
Supervisors: Stuart Rothman, Ph.D. and Herman Davidovidz, Ph.D., Co-Directors
- 1997-1999 **Psychology Extern – Therapist**
Anxiety and Stress Treatment Program at North Shore University Hospital-Cornell University Medical College, Department of Psychiatry, Manhasset, NY
Duties: Conducted structured clinical interviews and administered clinician-rated/self-report measures. Provided individual and group cognitive-behavioral treatment for children, adolescent, and adult outpatients. Treated failure to thrive cases and monitored daily food intake. Supervised first-year psychology externs and master's level therapists. Provided consultation to the inpatient unit on exposure and response prevention. Made home therapy visits for the treatment of severe agoraphobic outpatients.
Supervisor: Juliana Lachenmeyer, Ph.D., Program Director
- 1997-1998 **Social Skills Group Coordinator**
Fairleigh Dickinson University, Center for Psychological Services, Hackensack, NJ
Duties: Organized social skills groups for children and adolescents with developmental, attentional, and behavioral difficulties. Co-led social skills groups and led parent training groups. Trained and supervised master's and doctoral level group leaders in the delivery of manualized treatment. Provided recommendations to parents for follow-up care.
Supervisor: Charles Schaefer, Ph.D., Director
- 1996-1999 **Psychology Extern - Therapist**
Fairleigh Dickinson University, Center for Psychological Services, Hackensack, NJ
Duties: Performed intake interviews for a community population as well as the county court system. Conducted learning disabilities evaluations with college students. Scored, interpreted, and completed psychological reports. Provided short- and long-term psychodynamic and cognitive-behavioral interventions for children, adolescents, adults, groups, couples, and families. Treated court-mandated cases and consulted with assigned parole officers.
Supervisors: Andrew Eisen, Ph.D., David Pogge, Ph.D., Neil Massoth, Ph.D., Juliana Lachenmeyer, Ph.D., Judith Kaufman, Ph.D., Robert McGrath, Ph.D., Neal Litinger, Ph.D., Charles Schaefer, Ph.D., Maria Gonzalez, Ph.D.

TEACHING EXPERIENCE

- 2006-Present **Assistant Professor – Tenure Track**
Uniformed Services University of Health Sciences, Dept of Medical & Clinical Psychology, Bethesda, MD
Duties: Faculty appointment within three doctoral tracks: a) Clinical Psychology, Military Psychology (APA-Approved); b) Clinical Psychology and Medical Psychology (APA-Approved); and c) Medical Psychology. Teach graduate courses as well as provide invited lectures. Serve as one of the two clinical supervisors for 2nd and 3rd year students. Provide mentorship on professional development. Coordinate the APPIC internship application process. Serve on thesis and dissertation committees.
Supervisor: David Krantz, Ph.D., Professor & Department Chair
- ♦ **Graduate Courses**
Cognitive Behavior Therapy; Clinical Skills I; Case Seminar
- ♦ **Other Teaching Activities**
Lecture on Mood Disorders – Adult Psychopathology Course
Lecture on Professional Burnout & Suicide – Medical Psychology Course
Lecture on Psychological Assessment – Medical Psychology Course
Lecture on Suicide in the Medically Ill – Health Psychology Course
- 2006-Present **Guest Lecturer**
Johns Hopkins University - Bloomberg School of Public Health
Duties: Provide live and online lectures on cognitive therapy for the treatment of suicide behavior for the course, “Suicide as a Public Health Problem”.
- 2005-2006 **Adjunct Lecturer**
University of Pennsylvania, Department of Psychology, Philadelphia, PA
Duties: Taught abnormal psychology with an average enrollment of 225 students.
Supervisor: Robert DeRubeis, Ph.D., Associate Dean for the Social Sciences
- 2004-2005 **Adjunct Assistant Professor of Psychology**
Community College of Baltimore County, Catonsville, MD
Duties: Taught face-to-face & online undergraduate courses in psychology.
Supervisor: Avon Garrett, Ph.D., Dean, Business, Wellness, & Social Sciences Division
- 2001-2004 **Assistant Professor of Psychology**
Community College of Baltimore County, Catonsville, MD
Duties: Taught undergraduate psychology courses (5 per semester, class sizes ranging from 25-40 students), served on college committees, and maintained faculty online presence.
Supervisor: Avon Garrett, Ph.D., Dean, Business, Wellness, & Social Sciences Division
- ♦ **Undergraduate Courses**
Abnormal Psychology; Human Relations - Culturally Diverse Society; Introduction to Psychology; Psychology of Adjustment; Theories of Personality
- ♦ **World Wide Web Courses**
Abnormal Psychology; Human Relations; Intro to Psychology; Theories of Personality

- 1997-1999 **Adjunct Professor**
Fairleigh Dickinson University, Department of Psychology, Teaneck, NJ
 Duties: Taught undergraduate psychology courses (1-2 courses per semester, class sizes ranging in 30-50 students).
 Supervisor: Chris Capuano, Ph.D., Department Chair
- ◆ **Undergraduate Courses**
 General Psychology I & II (Introduction to Psychology); Freshman Seminar; Psychology of Love/Interpersonal Relationships; Theories of Personality
- 1996-1999 **Learning Center Tutor**
Fairleigh Dickinson University, Learning Center, Teaneck, NJ
 Duties: Tutored undergraduate and graduate students in psychology, mathematics, statistics (SPSS & SYSTAT), and writing. Provided group workshops for English as a Second Language students.
 Supervisor: Sue Demay, M.A., Program Director
- 1995-1996 **Graduate Teaching Assistant**
Chapman University, Department of Psychology, Orange, CA
 Duties: Assisted undergraduates by providing lecture materials, study skills, and test-taking strategies; graded papers and exams.
 Supervisor: Carolyn Brodbeck, Ph.D., Assistant Professor
- ◆ **Undergraduate Courses**
 Introduction to Psychology; Cross-Cultural Psychology

MASTER'S & DISSERTATIONS SUPERVISED

Martin, J. (in progress). *Examination of United States Air Force suicide death investigation files.* (USUHS, Clinical Psychology)

Branlund, S. (in progress). *Deployment-related correlates of suicide behavior in the United States military.* (USUHS, Clinical Psychology)

MASTER'S & DISSERTATIONS CHAIRED

Cofell, L. (in progress). *Social support and postpartum depression in a military sample.* (USUHS, Clinical Psychology)

MASTER'S & DISSERTATION COMMITTEE SERVICE

Harrington, C. (2009). *Workstyle, ergonomic, and cortisol response to work demands during computer work: Implications for work-related upper extremity symptoms.* (USUHS, Medical Psychology)

Calvio, L. (2009). *Measurement of cognitive limitations and their relation to work function in breast cancer survivors.* (USUHS, Clinical Psychology)

Rogers, H. (2008). *Social support, acute coronary syndromes, and heart failure: The role of inflammatory processes.* (USUHS, Medical Psychology)

Branlund, S. (2008). *Cortisol responses to perceived stress in depressed individuals and healthy controls.* (USUHS, Clinical Psychology)

Clark, R. (in progress). *The role of sexual self-schemas and culture in the sexual problems of menopausal women.* (USUHS, Medical & Clinical Psychology)

PUBLICATIONS

Peer Reviewed Manuscripts

- Martin, J., **Ghahramanlou-Holloway, M.**, Lou, K., & Tucciarone, P. (2009). A comparative review of U.S. military and civilian suicide behavior: Implications for OEF/OIF suicide prevention efforts. *Journal of Mental Health Counseling, 31*(2), 101-118.
- Tomak, S. L., Wechsler, F. S., **Ghahramanlou-Holloway, M.**, Virden, T. B., & Nademin, M. E. (2009). An empirical study of the personality characteristics of internet sex offenders. *Journal of Sexual Aggression, 15*, 139-148.
- Bhar, S., **Ghahramanlou-Holloway, M.**, Brown, G., & Beck, A. T. (2008). Self-esteem and suicide ideation in psychiatric outpatients. *Suicide and Life Threatening Behavior, 38*(5), 511-516.
- Nademin, E., Jobes, D. A., Pflanz, S. E., Jacoby, A. M., **Ghahramanlou-Holloway, M.**, Joiner, T., Wagner, B. M., & Johnson, L. (2008). An investigation of interpersonal-psychological variables in Air Force suicides: A controlled-comparison study. *Archives of Suicide Research, 12*(4), 309-326.
- Joe, S., Woolley, M. E., Brown, G., **Ghahramanlou-Holloway, M.**, & Beck, A. T. (2008). Psychometric properties of the Beck Depression Inventory-II in African-American suicide attempters. *Journal of Personality Assessment, 90*(5), 521-523.
- Ghahramanlou-Holloway, M.**, Wenzel, A., Lou, K., & Beck, A. T. (2007). Differentiating cognitive content between depressed and anxious outpatients. *Cognitive Behaviour Therapy, 36*, 170-178.
- Ghahramanlou, M.**, & Brodbeck, C. (2000). Predictors of secondary trauma in sexual assault counselors. *International Journal of Emergency Mental Health, 2*(4), 229-240.
- Wilson, M., **Ghahramanlou, M.**, & Berns, M. (1999). Photodynamic activity of Lutetium Texaphrin in a mouse tumor system. *Lasers in Surgery and Medicine, 24*, 276-284.
- Wilson, M., Sun, C., **Ghahramanlou, M.**, & Berns, M. (1998). In vitro and in vivo comparison of argon-pumped and diode lasers for photodynamic therapy using second generation photosensitizers. *Lasers in Surgery and Medicine, 23*, 274-280.

Manuscripts Under Review or In Revision

- Wiltsey-Stirman, S., Brown, G. K., **Ghahramanlou-Holloway, M.**, Fox, A., Khan, M., & Beck, A. T. (submitted). Participation bias among suicidal adults in a randomized controlled trial.
- Ghahramanlou-Holloway, M.**, Wiltsey-Stirman, S., Salsman, N., Martin, J., Brown, G., & Beck, A. T. (in-revision). Improving patient and study therapist retention in clinical trials with suicidal patients. *Suicide and Life Threatening Behavior [Special Section on Intervention Research with Suicidal Individuals]*.

Book Review

- Ghahramanlou-Holloway, M.** (2007). Comprehensive handbook of personality and psychopathology: Personality and everyday functioning. *Cognitive Behavioral Therapy Book Reviews, 3*(10).

Book Chapters

- Ghahramanlou-Holloway, M.,** Brown, G. K., & Beck, A. T. (2008). Suicide. In M. Whisman (Ed.), *Adapting cognitive therapy for depression: Managing complexity and comorbidity*. New York: Guilford Press.
- Grattan, L., & **Ghahramanlou, M.** (2002). The rehabilitation of neurologically based social disturbances. In P. J. Eslinger (Ed.), *Neuropsychological interventions: Clinical research and practice*. New York: Guilford Press.
- Schaefer, C., Jacobson, H., & **Ghahramanlou, M.** (2000). Play group therapy for social skills deficit in children. In H. G. Kaduson & C. E. Schaefer (Eds.), *Short-term play therapy for children*. New York: Guilford Press.

Encyclopedia Entries

- Ghahramanlou-Holloway, M.** (2006). Meta-Analysis. In N. J. Silkind (Ed.), *Encyclopedia of Measurement and Statistics*. Thousand Oaks, CA: Sage Publications.
- Ghahramanlou-Holloway, M.** (2006). Abstracts. In N. J. Silkind (Ed.), *Encyclopedia of Measurement and Statistics*. Thousand Oaks, CA: Sage Publications.
- Ghahramanlou-Holloway, M.** (2006). American Doctoral Dissertations. In N. J. Silkind (Ed.), *Encyclopedia of Measurement and Statistics*. Thousand Oaks, CA: Sage Publications.
- Ghahramanlou-Holloway, M.** (2006). Centers for Disease Control. In N. J. Silkind (Ed.), *Encyclopedia of Measurement and Statistics*. Thousand Oaks, CA: Sage Publications.
- Ghahramanlou-Holloway, M.** (2006). Psychological Abstracts. In N. J. Silkind (Ed.), *Encyclopedia of Measurement and Statistics*. Thousand Oaks, CA: Sage Publications.
- Lou, K., & **Ghahramanlou-Holloway, M.** (2006). PsycINFO. In N. J. Silkind (Ed.), *Encyclopedia of Measurement and Statistics*. Thousand Oaks, CA: Sage Publications.
- Ghahramanlou-Holloway, M.,** & Lou, K. (2006). Beck Depression Inventory. In N. J. Silkind (Ed.), *Encyclopedia of Measurement and Statistics*. Thousand Oaks, CA: Sage Publications.

Manuscripts In Preparation

- Ghahramanlou-Holloway, M.,** Cox, D., & Greene, F. *Adapting cognitive therapy for suicidal patients to an acute inpatient environment.*
- Martin, J., **Ghahramanlou-Holloway, M.,** Nademin, E., Englert, D., & Jobes, D. *Suicide in the United States Air Force: Relationship among marital status and life stressors, communication of distress, and helping services utilization.*
- Ghahramanlou-Holloway, M.,** Bhar, S., Brown, G., & Beck, A. T. *Problem-solving and cognitive therapy for the prevention of suicide.*
- Ghahramanlou-Holloway, M.,** Hsu, L., Lachenmeyer, J. R., Gibbs, M., & Reddy, L. *Cognitive behavioral treatment efficacy for anxiety disorders: A meta-analytic review.*

Unpublished Manuscripts

Ghahramanlou-Holloway, M., & Brown, G. K. (2005). *Psychoeducation manual for adult suicide attempters*. University of Pennsylvania.

SYMPOSIUM, WORKSHOP, CLINICAL ROUNDTABLE PRESENTATIONS

Bhar, S., **Ghahramanlou-Holloway, M.**, Spokas, M., Wenzel, A., Brown, G., Beck, A. T., Zembroski, S., Wiltsey-Stirman, S., McCray, L., & Fox, A. (2008, November). Bringing suicide research to community settings: Recruitment and participation issues. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Kaminsky, S., Beutler, A., **Ghahramanlou-Holloway, M.**, Stephens, M. & Tanofsky-Kraff, M. (2008, February – March). *Tricks of the trade: A short course in grant writing for clinicians*. Faculty development workshop presented at the Uniformed Services University of the Health Sciences, Bethesda, MD.

Ghahramanlou-Holloway, M., Brown, G., Bhar, S., & Beck, A. T. (2007, December). *Cognitive Therapy for the Prevention of Suicide*. Two day training workshop presented to Veterans Administration Suicide Coordinators at the University of Pennsylvania, Philadelphia, PA.

Ghahramanlou-Holloway, M. Cognitive therapy of suicide attempters. (2005, November). In G. Brown (Chair), *Intervention strategies for suicide ideators and attempters*. Clinical roundtable presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

Ghahramanlou-Holloway, M., & Brown, G. K. (2005, September). *Cognitive therapy protocol procedures for the treatment of adult suicide attempters*. Workshop presented at Mercy Hospital, Philadelphia, PA.

Ghahramanlou-Holloway, M. Current status and treatment of women in Iran. (2005, August). In M. Gibbs (Chair), *Ethnicity and treatment of women: Stereotypes and reality*. Symposium presented at the annual meeting of the American Psychological Association, Washington, DC.

Ghahramanlou-Holloway, M. (2005, April). *Community based cognitive therapy for suicide attempters*. COMHAR training workshop presented at the University of Pennsylvania, Department of Psychiatry, PA.

Ghahramanlou-Holloway, M., & Brown, G. K. (2004, October). *Cognitive therapy protocol for the treatment of suicide attempters*. Workshop presented at the Hall Mercer Community Mental Health Center, Philadelphia, PA.

Ghahramanlou, M., Brodbeck, C., Hulbert, D. G., Johnson, S., & Soffer, S. (2001, November). Involvement of the spouse in the treatment of anxiety disorder patients. In D. G. Hulbert (Chair), *For better or for worse: Enhancing treatment outcome through spousal involvement*. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

NATIONAL & INTERNATIONAL CONFERENCE PRESENTATIONS

Werbel, A., Pflanz, S., **Ghahramanlou-Holloway, M.**, & Moore, M. (2008, August). *Frontline supervisor training: A new half-day course for recognizing and responding to service members in distress in the U.S. Marine Corps and U.S. Air Force*. Paper presented at the annual meeting of the European Symposium on Suicide and Suicidal Behaviour, Glasgow, Scotland.

- Ghahramanlou-Holloway, M.**, Bhar, S., Brown, G., Yeargin, M. K., & Beck, A. T. (2008, August). *Problem-solving as a mechanism of change in cognitive therapy*. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Branlund, S., Martin, J., George, B., Lou, K., Yeargin, M. K., & **Ghahramanlou-Holloway, M.** (2008, August). *Review of suicide death investigation methodology*. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Yeargin, M. K., Martin, J., Branlund, S., Lou, K., **Ghahramanlou-Holloway, M.**, & Bhar, S. (2008, August). *Recommendations for primary care management of suicide behavior*. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Ghahramanlou-Holloway, M.** (2008, June). *Cognitive treatment protocol for the prevention of suicide*. Paper presented at the annual meeting of the International Congress of Psychotherapy, Rome, Italy.
- Yeargin, M. K., & **Ghahramanlou-Holloway, M.** (2008, June). *Treatment of individuals with suicide behavior and substance disorders*. Poster presented at the annual meeting of the International Congress of Psychotherapy, Rome, Italy.
- Bhar, S. S., **Ghahramanlou-Holloway, M.**, Brown, G., & Beck, A. T. (2007, November). *Self-esteem and suicide ideation: Beyond depression and hopelessness*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Martin, J., & **Ghahramanlou-Holloway, M.** (2007, May). *Military suicide: Rates, risk, and resilience*. Poster presented at the annual research day, Uniformed Services University, Bethesda, MD.
- Ghahramanlou-Holloway, M.** (2007, March). *Cognitive Therapy for Suicide Attempters*. Presented at the Department of Defense Military Suicide Prevention Conference, Hollywood, Florida.
- Martin, J., & **Ghahramanlou-Holloway, M.** (2007, March). *Military suicide: Rates, risk, and resilience*. Poster presented at the Eastern Psychological Association, Philadelphia, PA.
- Franz, V., & **Ghahramanlou-Holloway, M.** (2007, February). *A review of fatal and nonfatal suicide behavior in the military*. Poster presented at the 9th World Congress on Stress, Trauma, & Coping, International Critical Stress Foundation, Baltimore, MD.
- Ghahramanlou-Holloway, M.**, Lou, K., Wenzel, A., & Beck, A. T. (2005, November). *Differentiating cognitive content between depressed and anxious patients*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Ghahramanlou-Holloway, M.**, Hsu, L., Lachenmeyer, J., Gibbs, M., & Reddy, L. (2005, August). *Cognitive behavioral treatment efficacy for anxiety disorders: A meta-analytic review*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
- Brodbeck, C., **Ghahramanlou, M.** (2003, November). *Previous experiences with discrimination as a factor in post 9/11 risk estimates, behavioral avoidance, and health status*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Grattan, L., Kabitsi, N., **Ghahramanlou, M.**, Vaughan, C., Wozniak, M., Kittner, S., Price, T. (2002, February). *The influence of coping strategy upon depression and personality adjustment after ischemic stroke*. Poster presented at the annual meeting of the American Heart Association International Stroke Conference, San Antonio, TX.

- Grattan, L., **Ghahramanlou, M.**, Aronoff, J., Wozniak, M., Kittner, S., Price, T. (2001, February). *An empirical study of personality change after stroke*. Paper presented at the annual meeting of the American Heart Association International Stroke Conference, Fort Lauderdale, FL.
- Ghahramanlou, M.**, Gibbs, M., Maurer, K., & Ferraro, L. (2000, August). *Trauma and psychological functioning in severe mental illness*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
- Ghahramanlou, M.** (2000, March). *Assessment and treatment of anxiety disorders in the elderly*. Paper presented at the annual meeting of the Anxiety Disorders Association of America, Washington, DC.
- Gibbs, M., Maurer, K., **Ghahramanlou, M.**, & Marvin, S. (2000, March). *Trauma and the personal solving system (PPSS) in severe mental illness*. Paper presented at the annual meeting of the Society of Personality Assessment, Arlington, VA.
- Ghahramanlou, M.**, Humke, C., Lachenmeyer, J., Uccello, R., Beckstein, C., DiGiacopo, *et al.* (1999, November). *Gender differences in anxiety profiles of panic and generalized anxiety outpatients*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.
- Bleier, D., Atar, H., **Ghahramanlou, M.**, Uccello, R., Beckstein, C., & Lachenmeyer, J. (1999, May). *Anxiety disorders and the 5 factor model of personality*. Poster presented at the annual meeting of the American Psychiatric Association, Washington, DC.
- Ghahramanlou, M.**, Beckstein, C., Uccello, R., DiGiacopo, S., Spinowitz, F., & Lachenmeyer, J. (1999, May). *Somatization in a sample of panic and obsessive-compulsive disorder outpatients*. Poster presented at the annual meeting of the American Psychiatric Association, Washington, DC.
- Ghahramanlou, M.**, Lachenmeyer, J., Humke, C., Uccello, R., Beckstein, C., DiGiacopo, S., & Spinowitz, F. (1999, April). *Marital functioning in patients with bulimia nervosa*. Poster presented at the annual meeting of the American Orthopsychiatric Association, Arlington, VA.
- Atar-Greenfield, H., Bleier, D., Beckstein, C., DiGiacopo, S., & **Ghahramanlou, M.** (1999, April). *A correlation between the Yale-Brown Obsessive Compulsive Scale (Y-BOCS) and the Global Assessment of Functioning (GAF)*. Poster presented at the annual meeting of the Eastern Psychological Association, Providence, R.I.
- Beckstein, C., DiGiacopo, S., Lachenmeyer, J., Uccello, R., **Ghahramanlou, M.**, & Spinowitz, F. (1999, April). *Important issues in the cognitive behavioral group treatment of panic disorder*. Poster presented at the annual meeting of the American Orthopsychiatric Association, Arlington, VA.
- DiGiacopo, S., Beckstein, C., Uccello, R., & **Ghahramanlou, M.** (1999, April). *Clinical issues in the group treatment of panic disorder*. Poster presented at the annual meeting of the Eastern Psychological Association, Providence, R.I.
- Ghahramanlou, M.**, & Humke, C. (1999, April). *Effects of OCD on familial and marital functioning*. Poster presented at the annual meeting of the American Orthopsychiatric Association, Arlington, VA.
- Humke, C., & **Ghahramanlou, M.**, & Lachenmeyer, J. (1999, April). *Cognitive behavioral group treatment of breast cancer patients*. Poster presented at the annual meeting of the American Orthopsychiatric Association, Arlington, VA.

- Humke, C., **Ghahramanlou, M.**, & Lachenmeyer, J. (1999, April). *Adjustment issues facing partners of breast cancer patients*. Poster presented at the annual meeting of the American Orthopsychiatric Association, Arlington, VA.
- Ghahramanlou, M.** (1999, March). *Obsessive compulsive disorder and comorbid bulimia nervosa*. Paper presented at the annual meeting of the Anxiety Disorders Association of America, San Diego, CA.
- Ghahramanlou, M.**, Lachenmeyer, J., & Humke, C. (1999, March). *The treatment of anxiety in the families of adult cancer patients*. Paper presented at the annual meeting of the Association of Anxiety Disorders of America, San Diego, CA.
- Beckstein, C., **Ghahramanlou, M.**, Lachenmeyer, J., DiGiacopo, S., Uccello, R., & Shack, A. (1998, November). *Level of functioning in adults with obsessive compulsive disorders*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Ghahramanlou, M.**, & Brodbeck, C. (1998, November). *Predictors of secondary trauma in sexual assault counselors*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Ghahramanlou, M.**, Uccello, R., & Lachenmeyer, J. (1998, November). *Behavioral treatment of body dysmorphic disorder*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Beckstein, C., **Ghahramanlou, M.**, Lachenmeyer, J., DiGiacopo, S., Uccello, R., & Shack, A. (1998, May). *Assessment of obsessive compulsive disorders*. Poster presented at the annual meeting of the American Psychiatric Association, Toronto, Canada.
- Ghahramanlou, M.**, Beckstein, C., Lachenmeyer, J., Uccello, R., & Shack, A. (1998, May). *Self-reported levels of distress in a sample of obsessive compulsive disorder outpatients*. Poster presented at the annual meeting of the American Psychiatric Association, Toronto, Canada.
- Ghahramanlou, M.**, Lachenmeyer, J., Shack, A., Uccello, R., & Humke, C. (1998, March). *Involvement of the spouse in treatment of adult obsessive-compulsive disorder*. Paper presented at the annual meeting of the Anxiety Disorders Association of America, Boston, MA.
- Ghahramanlou, M.**, Lachenmeyer, J., Uccello, R., & Shack, A. (1998, March). *Comorbid medical conditions in panic disorder patients*. Poster presented at the annual meeting of the American Orthopsychiatric Association Meeting, Washington, DC.
- Ghahramanlou, M.**, Lachenmeyer, J., Uccello, R., & Shack, A. (1998, March). *Clinical issues in the treatment of borderline patients with OCD*. Poster presented at the annual meeting of the American Orthopsychiatric Association Meeting, Washington, DC.
- Ghahramanlou, M.**, & Brodbeck, C. (1996, March). *Vicarious trauma in sexual assault counselors*. Poster presented at the annual meeting of the Western Psychological Association, San Francisco, CA.

INVITED PRESENTATIONS

- Ghahramanlou-Holloway, M.** (July 2008 – Present). *Cognitive behavioral assessment and treatment of suicide behavior*. 4-Hour Training Workshop for Military Healthcare Providers, Offered at the Center for Deployment Psychology, Bethesda, MD.

- Ghahramanlou-Holloway, M., & Fritz, Elisabeth.** (August-September 2009). *Generalizability of PTSD cognitive behavioral psychotherapy clinical trials for traumatized individuals with suicide behavior*, Military Health Research Forum, Kansas City, MO.
- Ghahramanlou-Holloway, M.** (June 2009). *Suicide investigation, assessment, and mitigation*. Walter Reed Army Medical Center, Forensic Psychology Service, Washington, DC.
- Ghahramanlou-Holloway, M.** (February 2009). *Primary care based cognitive behavior therapy for PTSD and suicide ideation*. Suicide Strategic Meeting organized by Dr. Marsha Linehan, University of Washington, Seattle, WA.
- Ghahramanlou-Holloway, M.** (January 2009). *Programmatic research in military suicide prevention*. Defense Centers of Excellence – DoD/VA Suicide Prevention Conference, San Antonio, TX.
- Ghahramanlou-Holloway, M.** (October 2008). *Recommendations for Marine Corps suicide prevention program*. Marine Corps Executive Safety Board Meeting, Quantico, VA.
- Ghahramanlou-Holloway, M.** (April 2008). *Building a program of research in military suicide prevention*. Annual Military Suicide Conference, San Diego, CA.
- Ghahramanlou-Holloway, M.** (January 2008). *Prevention of suicide in the United States military*. American University, Clinical Psychology Department Seminar, Washington, DC.
- Ghahramanlou-Holloway, M.** (February 2007-2009). *Cognitive therapy for adult suicide attempters*. Johns Hopkins School of Public Health, Department of Mental Health, Baltimore, MD.
- Ghahramanlou-Holloway, M.** (October 2006). *Adaptation of cognitive therapy for inpatient treatment of suicidal military personnel*. Suicide Strategic Planning Meeting organized by Dr. Marsha Linehan, University of Washington, Seattle, WA.
- Ghahramanlou, M.** (September 2001 – October 2001). *September 11th*. Faculty forum discussant at the Community College of Baltimore County, MD.
- Ghahramanlou, M.** (October 2000 - February 2001). *The impact of addictive behaviors on interpersonal relationships*. Monthly presentations at the Springfield Hospital Center Mentally Ill Substance Abuse (MISA) Psychoeducation Program, Sykesville, MD.
- Ghahramanlou, M.** (June 2000). *A historical account of psychosurgery*. Neuropsychology staff meeting at the University of Maryland Medical System, Baltimore, MD.
- Ghahramanlou, M.** (Winter 1994, 1995, 1996). *Cross-cultural issues in rape crisis counseling*. Annual training, Sexual Assault Victim Services Program, Irvine, CA.

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

Academy of Cognitive Therapy
American Association of Suicidology
American Psychological Association
Association for Behavioral and Cognitive Therapies
Eastern Psychological Association
Maryland Psychological Association

EDITORIAL ACTIVITIES

Ad Hoc Reviewer

- ◆ American Association of Suicidology – Annual Conference Abstracts (2008-2009)
- ◆ American Journal of Cardiology
- ◆ Cognitive Behavioral Therapy Book Reviews
- ◆ City University of New York Collaborative Incentive Research Grant Program (2009)
- ◆ McGraw-Hill
- ◆ Psychosomatic Medicine
- ◆ U.S. Army Center for Health Promotion and Preventive Medicine – Scientific Reviewer
- ◆ VA/DoD Clinical Practice Guidelines
 - ✓ Bipolar Disorder
 - ✓ Annotation for Primary Care Management Algorithm
- ◆ Wiley Publishing
- ◆ Worth Publishers

RESEARCH SUPPORT – PAST, CURRENT, & PENDING

- | | |
|-------------|---|
| 2009 – 2012 | Military Operational Medicine Research Program
Suicide Prevention and Counseling
<i>A Brief Intervention to Reduce Suicide Risk in Military Service Members and Veterans</i>
(Total = \$2,671,337)
Role: Principal Investigator |
| 2009 – 2011 | National Alliance for Research on Schizophrenia and Depression
Young Investigator Award
<i>Inpatient Post Admission Cognitive Therapy for the Prevention of Suicide Attempts</i>
(Total = \$60,000)
Role: Principal Investigator |
| 2008 – 2011 | Department of Defense
Office of the Congressionally Directed Medical Research Programs
Extramural PTSD New Investigator Award
<i>Pilot Trial of Inpatient Cognitive Therapy for the Prevention of Suicide in Military Personnel with Acute Stress Disorder or Posttraumatic Stress Disorder</i>
(Total = \$457,609)
Role: Principal Investigator |
| 2006-2011 | Uniformed Services University of the Health Sciences
New Faculty Startup Research Package
<i>Suicide Prevention in the United States Military</i>
(Total = \$375,000 Over 5 Years)
Role: Principal Investigator |
| 2008-2009 | Marine Corps Systems Command
<i>Marine Corps Frontline Supervisors Training (FST) Program Evaluation</i>
(Total = \$32,000)
Role: Principal Investigator |

- 2009-2014 U01 - National Institute of Mental Health (USA Suicide RFA-MH-09-140)
Modifiable Risk and Protective Factors for Suicidal Behaviors in the US Army
PI: Robert Ursano, M.D.
(Total = \$50,000,000)
Role: Co-Investigator
- 2007-2011 National Heart, Lung and Blood Institute/NIH
Biobehavioral Precipitating Factors in Heart Failure
PI: David Krantz, Ph.D.
(Total = \$2,296,000)
Role: Clinical Psychology Treatment Consultant
- 2009-2014 R01 - National Institute of Mental Health
Pending *Cognitive Therapy for Suicidal Older Men* (PI: Gregory K. Brown, Ph.D.)
Role: Consultant
- 2004-2006 National Institute of Mental Health
Centers for Disease Control and Prevention
Community Based Cognitive Therapy for Suicide Attempters (\$1,354,432)
PI: Aaron T. Beck, M.D. R01-MH067805 [2003-2008]
CDC R49CCR 321714 [2002-2005]
Role: Project Director
- 2004-2006 National Institute of Mental Health; National Institute of Drug Abuse
Cognitive Therapy for the Prevention of Suicide (\$2,923,287)
PI: Aaron T. Beck, M.D. P20-MH071905-01 [2004-2009]
Role: Co-Investigator
- 2000-2001 National Institute of Neurological Disorders and Stroke
Favorable Outcome in Ischemic Stroke Survivors (\$101,500)
PI: Lynn Grattan, Ph.D. R29NS033608-05 [1995-2002]
Role: Research Coordinator

EDUCATIONAL GRANTS

Ghahramanlou, M. Supplemental lecture notes manual and accompanying CD for Introduction to Psychology and Abnormal Psychology. Faculty Learning and Student Development Grant, Community College of Baltimore County, 2003-2004, \$1000.

Ghahramanlou, M. Psychology PowerPoint presentations for Introduction to Psychology. Faculty Learning and Student Development Grant, Community College of Baltimore County, 2002-2003, \$1500.

BIOGRAPHICAL LISTING

2009-2010 Edition of Who's Who for Executives and Professionals

LANGUAGES

Proficient in Farsi (Persian)

SPECIALIZED TRAINING

- 2009 **American Psychological Association – Accreditation Assembly**
Commission on Accreditation, San Diego, CA.
- 2008 **Mindfulness-Based Cognitive Therapy & Prevention of Relapse in Major Depression**
Association for Behavioral and Cognitive Therapies, Orlando, FL
- 2008 **Special Topics in Causal Inference: Assessing Effects of Time-Varying Treatments and Effect Mediation and Moderation in Randomized Trials**
Association for Behavioral and Cognitive Therapies, Orlando, FL
- 2007 **The Impact of Stress & Trauma Related to Military Deployment**
American Psychological Association, San Francisco, CA
- 2007 **Grant Writing Workshop** – Steve Kaminsky
Uniformed Services University of the Health Sciences
- 2006 **Dialectical Behavior Therapy** – Marsha Linehan
Association for Behavioral and Cognitive Therapies, Chicago, IL
- 2005 **Acceptance and Commitment Therapy** – Steven Hayes
Association for Advancement of Behavior Therapy, Washington, DC
- 2005 **Teaching and Supervising Residents in Cognitive Behavioral Therapy**
Beck Institute for Cognitive Therapy and Research, Philadelphia, PA
- 2004-2006 **Bimonthly Workshops & Live Observation on Cognitive Therapy**
Beck Institute for Cognitive Therapy and Research, Philadelphia, PA
- 2004 **Obtaining Federal Funding Training Symposium**
University of Pennsylvania Faculty Affairs and Professional Development Office, PA
- 2002-2003 **Virtual Academy Training** - Distance Learning Pedagogy, DreamWeaver, WebCT
Community College of Baltimore County, Catonsville, MD
- 1998-1999 **Completion of 48-hour Training Program in Play Therapy Techniques**
The Play Therapy Training Institute, Inc., Hightstown, NJ
- 1993-1994 **Sexual Assault Hotline and Hospital Counselor Training Program**
Community Services Program (CSP) Victim Services and Prevention, Irvine, CA

PROFESSIONAL, UNIVERSITY, & COMMUNITY SERVICE

- 2009-Present Health Defense Board
Task Force on the Prevention of Suicide by Members of the Armed Forces
Committee Member
- 2009-Present North Atlantic Treaty Organization (NATO) Working Group on Military Suicide
Committee Member
- 2009 RAND Corporation
Interviewed as DoD Suicide Prevention Expert
- 2009 Army Suicide Prevention Panel
Committee Member
- 2008-Present Department of Defense – Suicide Prevention and Risk Reduction
Committee Member
Subcommittees:
 2nd Opinion/Consultation Work Group
 Suicide Nomenclature Work Group
 Suicide Prevention Training Work Group

- 2007-Present American Association of Suicidology
Chair, Institutional Review Board Task Force
Committee Member, Kalafat Scholarship
- 2006-Present Uniformed Services University of the Health Sciences, Bethesda, MD
Department of Medical & Clinical Psychology
Student Evaluation Committee; Faculty Search Committee; APPIC Internship
Coordinator; Recruitment Liaison; Curriculum Committee
- 2006-Present Uniformed Services University of the Health Sciences, Bethesda, MD
Institutional Review Board Committee - Full Member
- 2004-Present Clinical Psychology Peer Consultation Support Group, Columbia & Baltimore, MD
Member
- 2007-2009 University of Pennsylvania – Department of Veterans Affairs Training Collaboration
Clinical Supervisor, Cognitive Therapy Suicide Prevention Protocol
- 2006-2007 National Naval Medical Center, Psychiatry Residency Program, Bethesda, MD
Clinical Supervisor
- 2003-2004 Community College of Baltimore County, Catonsville, MD
Psychology Club Advisor, Department of Psychology
Faculty Search Committee Member, Business & Social Sciences Division
Consultant, Understanding Islamic Cultures, National Association of Foreign Affairs Grant
- 2001-2004 Community College of Baltimore County, Catonsville, MD
Service Learning Institute Faculty Participant; General Education Assessment Team
- 2001-2002 Catonsville High School, Catonsville, MD
Volunteer Mock Interviewer
- 2000-2001 Springfield Hospital Center, Co-Occurring Disorders Program, Sykesville, MD
Data Analyst & Consultant
- 1997-1999 Fairleigh Dickinson University, Teaneck, NJ
Psychology Graduate Admissions Committee Member
- 1993-1996 Community Services Program (CSP) Victim Services and Prevention, Irvine, CA
Certified Sexual Assault Counselor Volunteer

REFERENCES

Aaron T. Beck, M.D.

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North Shore University Hospital
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Chevy Chase, Maryland 20815
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Springfield Hospital Center
6655 Sykesville Road
Sykesville, Maryland 21784
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Department Secretary x3391
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