

HEALTH OPINION SURVEY

The following questions ask for your opinions about different kinds of health care. For each statement below, decide whether you agree or disagree and circle the answer which best fits your opinion. Each person is different, so there are no "right" or "wrong" answers. Please try to circle an answer for each question, and don't leave any blank. Even if you find you don't completely agree or disagree with a statement, choose the one answer that comes closest to what you believe.

Your answers are confidential and will be used for research purposes only. Thank you for your assistance.

For each question, circle only one answer that comes CLOSEST to what you believe:

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|--|-------|----------|
| 1. I usually don't ask the doctor or nurse many questions about what they're doing during a medical exam.                                  | AGREE | DISAGREE |
| 2. Except for serious illness, it's generally better to take care of your <u>own</u> health than to seek professional help.                | AGREE | DISAGREE |
| 3. I'd rather have doctors and nurses make the decisions about what's best than for them to give me a whole lot of choices.                | AGREE | DISAGREE |
| 4. Instead of waiting for them to tell me, I usually ask the doctor or nurse immediately after an exam about my health.                    | AGREE | DISAGREE |
| 5. It is better to rely on the judgements of doctors (who are experts) than to rely on "common sense" in taking care of your own body.     | AGREE | DISAGREE |
| 6. Clinics and hospitals are good places to go for help since <u>it's best for medical experts to take responsibility</u> for health-care. | AGREE | DISAGREE |
| 7. Learning how to cure some of your illness without contacting a physician is a good idea.  | AGREE | DISAGREE |
| 8. I usually ask the doctor or nurse lots of questions about the procedures during a medical exam.   | AGREE | DISAGREE |
| 9. It's almost always better to seek professional help than to try to treat yourself.  | AGREE | DISAGREE |
| 10. It is better to trust the doctor or nurse in charge of a medical procedure than to question what they are doing.                       | AGREE | DISAGREE |
| 11. Learning how to cure some of your illness without contacting a physician may create more harm than good.                               | AGREE | DISAGREE |

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For each question, circle only one answer that comes CLOSEST to what you believe

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|--|-------|----------|
| 12. Recovery is usually quicker under the care of a doctor or nurse than when patients take care of themselves.                | AGREE | DISAGREE |
| 13. If it costs the same, I'd rather have a doctor or nurse give me treatments than to do the same treatments myself.          | AGREE | DISAGREE |
| 14. It is better to rely less on physicians and more on your own common sense when it comes to caring for your body.           | AGREE | DISAGREE |
| 15. I usually wait for the doctor or nurse to tell me about the results of a medical exam rather than asking them immediately. | AGREE | DISAGREE |
| 16. I'd rather be given many choices about what's best for my health than to have the doctor make the decisions for me.        | AGREE | DISAGREE |
| 17. Programs to teach people to treat themselves will probably result in better health for the people involved.                | AGREE | DISAGREE |

Name \_\_\_\_\_ Age \_\_\_\_\_ Sex: M F

Occupation \_\_\_\_\_

Circle highest year of education completed:

1. less than eighth grade
2. some high school
3. high school graduate
4. some college or technical school after high school
5. college graduate
6. some post-graduate education