

ICM-III PEDIATRICS 2008: DAYCARE EXPERIENCE

Documenting the normal growth, development and physical examination of the child is the cornerstone of every pediatric health maintenance visit. In addition, a unique approach is required when performing a physical examination on the young child. A great deal of developmental and physical examination data can be obtained by observation alone. In addition, the examiner is usually most effective if he or she begins with the least invasive portions first (e.g. examining the extremities before the ears).

At the Child Development Center on base at NNMC, you will have the opportunity to practice these data-gathering and reporting skills on a healthy three or four year-old child. The goal of this activity is to increase your confidence in obtaining and recording growth parameters, developmental milestones and physical examinations in a preschool-aged child before starting the third year clerkships.

LEARNING OBJECTIVES (ORIENTATION AND DAYCARE ACTIVITY)

1. Recognize the importance of monitoring growth and development at pediatric health maintenance visits.
2. Complete a developmental checklist through observation of and interaction with a preschool-aged child.
3. Obtain and plot height and weight measurements on a preschool-aged child.
4. Obtain and record pulse, blood pressure, respiratory rate and a physical examination on a preschool-aged child, while recognizing the need for examiner flexibility and a different approach than what is used to examine older children and adults.

Check the schedule to confirm your assigned daycare site, date and time. Please come prepared by reviewing these learning objectives before the activity begins. Bring your white coat with nametag and your “black bag” (to include stethoscope, otoscope, etc.). **Do not bring any candy or other food items for the children.** All other necessary equipment will be provided.

Thank you and HAVE FUN!!