



UNIFORMED SERVICES UNIVERSITY

of the Health Sciences



Lieutenant Commander Pamela Herbig, PMHNP-BC, PMHCNS-BC **Deputy Director of the Psychiatric Mental Health Nurse Practitioner Program**

Navy LCDR Pamela Herbig is the Deputy Director and an Assistant Professor in the USU Psychiatric Mental Health Nurse Practitioner Program. In addition to her teaching responsibilities, LCDR Herbig develops and implements the educational curriculum for the newest Graduate School of Nursing master's program.

Lieutenant Commander Herbig performed as the Department Head and a Psychiatric Nurse Practitioner at the National Naval Medical Center in Bethesda, Md., before joining the University. In this capacity, she was responsible for managing a 12-bed inpatient psychiatric unit as well as providing patient care. While stationed in Bethesda, LCDR Herbig deployed on the USNS Comfort in support of the Hurricane Katrina Relief Effort and later deployed to an expeditionary medical facility in Kuwait.

Previous assignments include performing as an Emergency Room Technician and Staff Nurse at the West Suburban Medical Center in Oak Park, Ill.; Staff Nurse at the Naval Medical Center in San Diego and the Naval Hospital in Guam; and a Division Officer at the Naval Medical Center in Portsmouth, Ore. While stationed in Portsmouth, LCDR Herbig deployed two times to Guantanamo Bay, Cuba.

Lieutenant Commander Herbig received a Bachelor of Science in History from Truman State University and a Bachelor of Science in Nursing from Elmhurst College. She later earned a Master of Science in Nursing from the University of Pennsylvania under the Duty Under Instruction Program. Lieutenant Commander Herbig completed post masters work in nursing

from Rush University in Chicago.

Furthermore, she has received several awards and honors throughout her career. Lieutenant Commander Herbig is the recipient of the Meritorious Service Medal, Navy Achievement Medal and the Navy Commendation Medal.

She is an accomplished presenter and her research interest centers on finding ways to reduce the stigma and providing education for those suffering with Post Traumatic Stress Disorder and looking at sleep disorders in blast injuries.