

# USU Family Medicine Third-Year Clerkship Manual

## Preliminary Site Orientation

### Travis AFB

FAMILY MEDICINE—David Grant Medical Center, Travis AFB



#### CONTACT INFORMATION

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## **CLERKSHIP OVERVIEW**

The department provides medical student clerkships to Health Professions Scholarship Program (HPSP) and Uniformed Services University of the Health Sciences (USUHS) medical students. Students experience the full scope of Family medicine, spending time in physician clinics including routine/well clinics and acute care clinics. Procedural clinics include vasectomy, flexible sigmoidoscopy, colonoscopy, exercise treadmill testing, colposcopy, minor surgery, OMT, acupuncture, and sports medicine clinics. Students also get firsthand exposure to fracture management through the department's cast clinics. The addition of an Obstetric fellowship trained family medicine staff to our department brings the added benefit of cesarean section training and other OB/gyn procedures that students may participate in on their rotation here.

### **The Residency**

The hospital is a 75-bed facility, which hosts multiple specialties. The Family medicine residency has 14 teaching staff and 37 residents currently and will expand to 44 residents over the next year. The program offers residents the opportunity to learn and practice full spectrum family medicine to include: pediatrics, obstetrics, gynecology, minor surgery, sports medicine/orthopedics, adult medicine/prevention, and geriatrics. Residents receive procedural training in sigmoidoscopy, vasectomy, colposcopy, ETTs, minor surgeries, cesarean sections and casting/fracture management in our cast clinic. There is a strong didactic program in the clinic that is augmented by the various specialists that work in the hospital.

### **Travis Program Goals and Philosophy**

The Department of Family Medicine operates on the premise that comprehensive quality medical care can be provided efficiently and effectively to a family by a well-trained family physician. The department supports the role of the physician trained in the broad specialty of Family medicine who can care for the majority of common medical problems faced by the average family. This physician deals with the "whole" patient by addressing emotional and social needs as well as physical disorders. The department supports the cooperative role of the physician and patient in the prevention of disease and disability. The department endorses the position of the family physician as patient advocate in the coordination of the care of complicated or chronic medical problems with other medical care providers. The department asserts that the most effective way to develop skilled family physicians is through progressive, high caliber residency training programs which provide the knowledge, clinical skills, and environment of caring which serves as a basis for the proper practice of family medicine. The department further believes Air Force medical care can best be delivered through the cooperative efforts of family physicians and other specialists.

### **The Medical Center**

David Grant Medical Center is a state-of-the-art medical facility serving 750,000 military beneficiaries in the eight western states. The present medical center was completed in 1988 at a cost of \$193 million. The facility operated by the 60th Medical Group encompasses 808,475 square feet with 3,662 rooms, approximately 350 inpatient and 58 aeromedical staging flight beds, and 52 dental treatment rooms. The four-story structure is divided into three patient zones-- inpatient nursing units, diagnostic and treatment areas, and outpatient clinics. The hospital is designed around five large courtyards and is greater than two football fields in width and almost four football fields in length.

Design and construction of the medical center was accomplished through a unique design-build contract, which enabled the project to be completed ahead of schedule and \$8 million below original budget projections. The facility has received 5 national awards for design and construction, is built to withstand major earthquakes, and can operate for up to a week using internal utility capabilities.

The medical center offers a complete range of medical, surgical, and dental services, including MRI, nuclear medicine, and a world- class hyperbaric medicine service. An active clinical investigations program, as well as extensive postgraduate training programs in medicine, dentistry, nursing, and health care administration support these services.

A typical day at David Grant involves 10 admissions, 50 inpatients, 3 births, 16 operations, 1,152 clinic visits, 2,500 laboratory procedures, and 3,042 prescriptions. The medical center is currently staffed by 2,000 military personnel.

### **FAQ:**

#### **Who is/are my points of contact when I arrive?**

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Katie Crowder, Maj, USAF MC  
Or  
Kate Mansalis, Capt, USAF, MC  
(contact information above)

#### Medical Education

Amn Kimberly Dorsey  
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David Grant Medical Center  
Clerkship Program Coordinator  
707-423-7950  
Fax: 707-423-7952

#### **Where and when do I report on my first day?**

First day orientation information for rotating medical students:

**\*\* Please email Amn Dorsey prior to your rotation so that he can contact you regarding other rotation requirements\*\***

We look forward to your visit with us at the Family medicine Department and David Grant Medical Center. This is just a brief note to inform you about where to meet when you arrive at the Medical Center on Monday morning. Billeting should provide you with instructions on how to get to the Medical Center. Our clinic is located on the south, outpatient side of the hospital (the north side is for inpatients). The south entrance has a set of about six palm trees lining it, and the north side has the main flagpole in front of it. Plan to arrive at the medical center a little early on your first day to orient yourself as the med center is fairly large. The hospital cafeteria is on the first floor, north side, and it is open from about 0600 – 0800 if you want to come early for very a reasonably priced breakfast.

***Your first meeting will be with Amn Dorsey at 0730. She is located on the 1st floor at Graduate Medical Education (on the west side of the hospital).*** She will orient you and get you a badge, etc. Dr Crowder or Dr Mansalis will meet with you later that afternoon, on the 2<sup>nd</sup> floor, south side, Family Medicine Clinic Conference Room. At that time, I will orient you to Family medicine and your rotation.

#### **What uniform do I need to bring? Will I need my white coat?**

Uniform of the day is blues on Monday and BDU's Tuesday through Thursday. White coat's are mandatory for the inpatient portion of the rotation. Bring your PT gear as well. MSIV students: If you plan to interview while on your rotation here, please bring full service dress, a copy of your CV, and your personal statement.

#### **Weekly schedule (including Call/weekends)**

For rotating medical students, the duty day begins at 0730 and ends at 1700. Didactic teaching sessions for students and residents occur M-Th 0730 – 0815, and Tuesdays from 1315 to 1700. Additional didactics are Tuesday and Thursday 1215-1300. Clinic generally runs from 0815 – 1200 and 1300 – 1600. Exceptions to the schedule will be discussed during orientation. One week of inpatient with the family medicine inpatient team will be scheduled for your rotation. Call is required and consists of one weekend "late day" (until 2000) while on the inpatient team.

#### **Lodging information**

The Westwind Inn- Travis AFB

<http://www.60thservices.com/lodging/westwind/>

570 Travis Ave. Bldg. 402  
Travis AFB, CA 94535  
Reservations  
707-424-8000 or 888-AF-LODGE  
DSN 837-8000

## **Directions/Maps**

Directions: Travis AFB is most easily accessed from Sacramento International Airport. Take Hwy 5 N. to Woodland; take the Main St. exit and turn left under the freeway; at the second set of lights, turn left onto Hwy 113 S.; take the I-80 W. exit (toward San Francisco); take the Airbase Parkway exit and turn left (back over the freeway); follow this all the way to the Travis AFB main gate (further directions there).

## **Travis Program Community**

Travis AFB is located halfway between Sacramento and San Francisco. Its location near Fairfield, CA places it in close proximity to the San Francisco Bay Area, Sacramento Valley, Napa Valley (“Wine Country”), Lake Tahoe, and Yosemite National Park. Airports for travel to Travis include Sacramento, Oakland, and San Francisco. The climate is predictable with warm, dry summers and some rainfall in the winters. Average high temperatures range from 50 degrees in February to over 100 degrees in August. The local area offers a wide range of recreational, cultural, and sporting events. In addition to support and involvement with the local communities, Travis AFB has its own unique community. Central to that community is the mission of Travis AFB.

## **Travis AFB Mission Statement**

The mission of the 60th Air Mobility Wing is to provide quality services and support for America's Global Reach through a responsive and flexible combat ready Air Mobility force. In order to fulfill this mission, the wing operates and maintains C-17 Globemaster III Cargo Air Craft, C-5 Galaxy, and KC-10 extender refueling aircraft, thus making it the largest of the Air Mobility Command's 12 wings. Through eight operations and nine logistics squadrons, the wing provides Global Reach for troops, equipment, and supplies. The 60th also directs a support group with five squadrons and a medical group consisting of four squadrons that support over 21,000 personnel from assigned units and 42 tenant units, including Headquarters Fifteenth Air Force.

The medical center at Travis opened its doors to patients on 1 July 1943 as Fairfield-Suisun Army Air Base Hospital. It was designated David Grant USAF Medical Center on 1 July 1966 in honor of Brigadier General David Norvell Walker Grant, USAF, MC, the first Surgeon General of the Army Air Corps. The medical center was a wing-equivalent and a tenant on Travis AFB. In December 1988, the medical center moved to its current location, a state-of-the-art, and modern medical center. On 1 July 1994 the medical center was re-designated the David Grant Medical Center, and on 1 October 1994 became a part of the 60th Air Mobility Wing as the 60th Medical Group.