

USU Family Medicine Third-Year Clerkship Manual

Preliminary Site Orientation

Ft Hood (CRDAMC)

**Carl R. Darnall Army Medical Center
Family Medicine Residency Program
Ft Hood, TX**



CONTACT INFORMATION

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Family Care Clinic Darnall

36000 Darnall Loop

Fort Hood, TX 76544-4752

CLERKSHIP OVERVIEW

Carl R. Darnall Army Medical Center is home to the Army's newest Family Medicine residency, which opened in 2000. The program has fifteen residents, five per year group. The program's teaching staff includes eight board certified family physicians, one behavioralist, one OB fellowship trained Family Physician, and two family nurse practitioner. Ancillary teaching staff from other Family Medicine clinics at Fort Hood participate in the residency program on a weekly basis. Teaching staff spend a majority of their time in outpatient care, but also perform call for the family medicine inpatient service, follow their continuity patients in the hospital, and deliver babies. Staff and residents are actively involved in research. Several have published papers, presented original research and/or received awards at national meetings including the Uniformed Services Academy of Family Physicians and the American Academy of Family Physicians.

ROTATION SITE

- Fort Hood is the world's largest military base, over 340 square miles. It is the largest employer in the state of Texas.
- Located in Killeen, Texas, 60 miles north of Austin, it has a population of 218,000.
- Self-contained clinic located within Carl R. Darnall Army Medical Center, a 186-bed community hospital, which serves a local patient base of 102,000 patients. The Darnall Family Medicine Residency Center has approximately 6,000 enrolled patients.
- The center averages 2,000 patient visits per month.

- Fort Hood serves as a rotation site for medical students from the Uniformed Services University of Health Sciences as well as a site for many medical students with military obligations attending civilian medical schools (HPSP).

CLERKSHIP REQUIREMENT SUMMARY
Morning report, after clinic conferences, weekly didactics, journal club, and weekly physical fitness sessions
Formal lecture (20 minutes) for a morning report using Powerpoint. Usually based on case seen during your time here at the program. Confirm date with chief residents.
Call 2 nights (including 1 weekend day)
Completion of Clinical Passport
Family Study (USUHS 3rd year students only) . This includes a 20-minute PowerPoint presentation during after clinic conference (usually the Monday or Tuesday prior to departure), as well as a completed PASS-C and one page summary consult

FAQ:

- Who is/are my points of contact when I arrive?

Undergraduate Coordinator
Maj Dena George
 Dena.george@us.army.mil
 Work: 254.288.8280
 Pager: 254.903.3292

Residency Coordinator
Ms. April Arrington
 E-mail: april.arrington@us.army.mil
 Work: 254.288.8234
 Fax: 254.286.7196

- Where and when do I report on my first day?

New students should report at 0730 to the GME Office located in the basement of the hospital, room 0218 to inprocess (POC: Diane Conn, phone 254.286.7082). At 0830 (or when finished in the GME office), students should report to the Family Medicine Residency Center for orientation with the Site Coordinator (Dr George). The Family Medicine Center is located on the 1st floor of Darnall Hospital to the left of the information desk. The classroom is just inside the Family Medicine Center on the right. After morning report, new students will meet with the medical student coordinator for orientation.

- What uniform do I need to bring? Will I need my white coat?

You may wear BDUs/ACUs or Class B's; ACUs are what most wear here. If you plan to do an interview, please bring your Class A's. White coat is not required.

WEEKLY SCHEDULE (INCLUDING CALL/WEEKENDS)

DAILY SCHEDULE:

Medical students are given a schedule to follow which rotates them with each of the staff and senior residents for half-day blocks. Students see patients appointed to the particular staff with whom they are working. Clinic schedules are available ahead of time with patient information and chief complaints so appropriate patients can be selected to meet the learner's needs. Scheduled patients are seen between 0800 – 1200 and 1300 – 1600. Patients are usually appointed every 15 minutes, but students work at their own pace, with no set number of patients required per half day. Past students have typically logged between 80 and 100 patient encounters during a 4-week rotation. Procedure clinics are purposefully included in the student rotation schedules. These include minor skin surgery, treadmills, vasectomies, colposcopy sports medicine, osteopathic manipulation, and flexible sigmoidoscopy.

Attendance is required at daily morning report (0730-0800) and afternoon clinic conference (1615-1700), as well as scheduled didactic lectures (Thursdays 0800-1200). Attendance is required at weekly Physical Fitness Sessions held on Thursday mornings from 0615-0700. Make sure you bring your service specific PT uniform and a reflective vest.

Students are given one to two half days of library time per week. This is to be used for medical reading, preparation of case presentations, and developing their family study.

CALL

Medical students are required to pull Family Medicine call twice per month and must include one 24-hour call period (Sat, Sun, or Holiday) during the month. During the week, you can meet the on-call team by paging the resident at 1700 at 903-2616. On weekends, call is from 0800-0800 (meet the on-call team in the ICU on the 2nd floor at 0800). **Plan your call days by the end of your first week.**

PROCEDURES

The full scope of primary care procedures is performed in the Darnall Residency Center. Procedure clinics are specifically included in each medical student's rotation schedule. Labor deck time is not a part of the structured rotation, but students are welcome to participate in newborn deliveries with staff when the occasion arises. The following procedures are performed routinely in our clinic:

- Vasectomies
- Minor skin procedures and biopsies
- Colposcopy
- Endometrial biopsies
- Flexible sigmoidoscopies
- IUD insertion

OTHER ROTATION REQUIREMENTS

COMPUTER USAGE

All medical students must complete the required HIPAA training and Computer Usage-Information Assurance training. Training completed prior to entering CRDAMC will greatly speed-up the inprocessing time and allow students to quickly begin their scheduled rotation. Temporary medical students must complete or provide a certificate of completion to be waived from the inprocessing class/training. The training is available at the following websites:

HIPAA: <https://mhsllearn.csd.disa.mil>

Computer Usage: <https://ia.gordon.army.mil>

MORNING REPORT LECTURE

All medical students must present a 15-20 minute case presentation with a formal lecture component at morning report. Please use PowerPoint slides. It is best to use a case from your week on the inpatient service, but unique clinic cases are welcome. You **MUST** schedule this via the chief residents. Schedule time prior to the presentation to review your slides with the chief residents and /or the Site Coordinator.

FAMILY STUDY

USUHS 3rd year students must present a family study during an after clinic conference the final week of the rotation. Please ask a resident or staff member to suggest a family. You will need to schedule a date and time for this presentation with one of the chief residents. Please provide a copy of your presentation to the site coordinator on the day of your presentation.

FEEDBACK AND EVALUATION

Students will receive daily and mid-rotation feedback as well as end of rotation evaluations. There is a daily feedback form that you are responsible for giving to your preceptors each ½ day of clinic. Please make sure these completed forms are returned to the undergraduate coordinator as soon as possible. Either the undergraduate coordinator or his/her surrogate will provide your mid-rotation feedback and end of rotation evaluation. Ensure these are scheduled in advance. Please ask questions if you have concerns.

INTERVIEWS

Some students will want to interview for the residency during their rotation. Please provide your CV and personal statement when scheduling with the Program Coordinator, April Arrington.

LEAVE/APPOINTMENTS/REQUESTS

Leave/vacation must be scheduled through the appropriate channels at your institution. We need a copy of your time-off paperwork for our records. Please keep these requests to a minimum.

IMPORTANT PHONE NUMBERS

- Family Medicine Center: (254) 288-8280/8281
- Keith Ware Hall (BOQ): 254-532-8233 ext 4003 (check in before 1800 on the date of arrival. If you do not check in before 1800, the reservation will be cleared from the system). A credit card will assure the reservation.

LOCAL ATTRACTIONS

Salado. This place is a historic little town about 20 minutes from the Harker Heights area. It has beautiful shops, great restaurants, and carriage rides. There are numerous quaint bed and breakfasts if you want to get away. Some Darnall staff even live there. The restaurants are a refreshing break from the chain restaurants here in Killeen. Some recommendations are “Pietro’s”- Italian, “The Mansion”- Tex Mex, “The Carriage House”- expensive continental, and “The Range”- expensive steak/seafood.

Austin. It is the closest big city (about an hours drive), and it has about everything you could want with minor exceptions. Here’s a brief list:

- LBJ Library
- 6th Street and the Warehouse district great clubs, micro breweries, restaurants, etc.
- Live music capital of the world
- State Capitol
- Excellent Rock Climbing in Zilker Park
- Closest international airport
- Austin Zoo
- University of Texas-excellent college football, basketball, etc.
- Excellent shopping-i.e. there is an REI there!
- Check out Whole Foods or Central Market if you are into Gourmet Groceries
- Children's Museum

San Antonio. Great town that is 2 hours from Ft. Hood. Here’s a brief listing:

- San Antonio Zoo
- Splashtown Waterpark
- Fiesta Texas: A Six Flags Theme Park
- SA Spurs Professional Basketball Team
- Sea World
 - Imax Theater
- Ripley’s Believe it or Not
- SA Museum of Art
- McNay Art Institute
- World famous Riverwalk